#OTalk transcript

Healthcare Social Media Transcript

From: Tue Sep 17 12:00:00 PDT 2013
To: Wed Sep 18 13:15:00 PDT 2013

What is #OTalk? Who were the influencers during this time period? #OTalk analytics

Healthcare Conference - Healthcare Tweet Chats - Healthcare Analytics

pd2ot

Good evening and welcome to tonight’s #OTalk. Who’s out there tonight? Perhaps introduce yourself and say hello.
Tue Sep 17 12:00:00 PDT 2013

BillWongOT

Sounds like an interesting topic for #otalk today. Too bad I have to pre-tweet again. :(
Tue Sep 17 12:00:05 PDT 2013

AliciaRidout

@OTalk_Occhat @Helen_otuk Hi all! #OTalk
Tue Sep 17 12:00:08 PDT 2013

pd2ot

@Helen_otuk Good evening Helen, I’m glad you could make it. #OTalk
Tue Sep 17 12:00:54 PDT 2013

Wardmans

I’ll be off and on tonight #OTalk
Tue Sep 17 12:01:09 PDT 2013

OTalk_Occhat

Hi everyone, @clissa89 on the @OTalk_Occhat account tonight. Tweet me if you need any help :) #OTalk
Tue Sep 17 12:01:21 PDT 2013

OTalk_Occhat

@Wardmans glad you could make it - we’ll understand if you go quiet! #OTalk
Tue Sep 17 12:01:43 PDT 2013

Bethanhc

@OTalk_Occhat Hello, here for a few minutes anyway #OTalk
Tue Sep 17 12:01:59 PDT 2013

@AliciaRidout @OTalk_Occhat @Helen_otuk Hi Alicia! #OTalk
pd2ot

Tue Sep 17 12:02:05 PDT 2013

OTalk_Occhat

@BillWongOT we're just about to start - glad you could pop in #OTalk
Tue Sep 17 12:02:07 PDT 2013

pd2ot

To start, I'm pd2ot. I'm hosting #OTalk tonight and hoping to share experiences from being a service user and OT student.
Tue Sep 17 12:02:16 PDT 2013

AnnabelFenn

Hello #OTalk! Long time since I participated, but have been looking forward to this chat
Tue Sep 17 12:02:27 PDT 2013

OTalk_Occhat

@lapsangsusie @sarah_robbie @OTKaff we're about to start - but know #OTalk clashes with #GBBO!
Tue Sep 17 12:02:36 PDT 2013

OTAshleyP

finally finding a night I can join #OTalk, interesting topic! Joining from @QMUniversity in Edinburgh
Tue Sep 17 12:02:36 PDT 2013

Helen_otuk

@pd2ot yes looking forward to it. #OTalk, thank you for volunteering to guest host this interesting topic. Great idea.
Tue Sep 17 12:02:49 PDT 2013

OTalk_Occhat

@AnnabelFenn glad to have you back, Annabel :) #OTalk
Tue Sep 17 12:02:52 PDT 2013

JeSuisLucie

Hello all #OTalk
Tue Sep 17 12:03:07 PDT 2013

OTalk_Occhat

@JeSuisLucie hi Lucie :) #OTalk
Tue Sep 17 12:03:17 PDT 2013

pd2ot

@BillWongOT We're glad to have you here Bill, even if it is through pre-tweets! #OTalk
Tue Sep 17 12:03:25 PDT 2013

AnnabelFenn

@OTalk_Occhat thanks :-D #OTalk
Tue Sep 17 12:04:00 PDT 2013

OTalk_Occhat

@pd2ot hi :) your blog posts have given me a lot to think about, so glad we can discuss this tonight #OTalk
Tue Sep 17 12:04:02 PDT 2013

pd2ot

@AnnabelFenn Great to 'see' you Annabel #OTalk
Tue Sep 17 12:04:03 PDT 2013
pd2ot

Welcome! #OTalk
Tue Sep 17 12:04:35 PDT 2013

OTalk_Occhat

@Bethanhc glad you could join us, Bethan :) #OTalk
Tue Sep 17 12:04:45 PDT 2013

Helen_otuk

Agree @pd2ot hi :) your blog posts have given me a lot to think about, so glad we can discuss this tonight #OTalk
Tue Sep 17 12:04:48 PDT 2013

BillWongOT

As a service user, one thing my #OT peers sometimes fail me is adjust to my difficulty to initiate conversations at school. #otalk
Tue Sep 17 12:05:03 PDT 2013

pd2ot

Tonight we’re discussing “when occupational therapy goes wrong”. There’s some background to the talk here: http://t.co/gWJh7BorLH #OTalk
Tue Sep 17 12:05:06 PDT 2013

BillWongOT

RT @Helen_otuk: Agree @pd2ot hi :) your blog posts have given me a lot to think about, so glad we can discuss this tonight #OTalk
Tue Sep 17 12:05:19 PDT 2013

kirstyes

Hi all at #otalk. I’m here too. I saved a tweet earlier so I wouldn’t forget my thought from earlier. I’ll share when appropriate.
Tue Sep 17 12:05:28 PDT 2013

Helen_otuk

@kirstyes great idea #OTalk
Tue Sep 17 12:05:48 PDT 2013

kirstyes

RT @pd2ot: Tonight we’re discussing “when occupational therapy goes wrong”. There’s some background to the talk here: http://t.co/gWJh7BorLH..
Tue Sep 17 12:05:51 PDT 2013

OTalk_Occhat

RT @pd2ot we’re discussing “when occupational therapy goes wrong”. There’s some background to the talk here: http://t.co/fNMCndSyjR #OTalk
Tue Sep 17 12:06:08 PDT 2013

pd2ot

Please be very mindful during #OTalk tonight to ensure confidentiality and professionalism is maintained when sharing practice examples.
Tue Sep 17 12:06:14 PDT 2013

Helen_otuk

RT @pd2ot: Please be very mindful during #OTalk tonight to ensure confidentiality and professionalism is maintained when sharing practice e...
Tue Sep 17 12:06:24 PDT 2013

kirstyes

RT @pd2ot: Please be very mindful during #OTalk tonight to ensure confidentiality and professionalism is maintained when sharing practice e...
Tue Sep 17 12:06:51 PDT 2013

OTAshleyP

RT @pd2ot: Tonight we’re discussing “when occupational therapy goes wrong”.
There's some background to the talk here: http://t.co/gWJh7BorL…
Tue Sep 17 12:06:55 PDT 2013

BillWongOT

RT @pd2ot: Please be very mindful during #OTalk tonight to ensure confidentiality and professionalism is maintained when sharing practice e…
Tue Sep 17 12:06:59 PDT 2013

OTSM2011

Hi all #OTalk, following on my phone, signal intermittent!
Tue Sep 17 12:07:21 PDT 2013

OTalk_Occhat

@Iamcarrieeeee are you free to join us tonight? #OTalk
Tue Sep 17 12:07:25 PDT 2013

IamCarrieeeee

RT @pd2ot: Tonight we're discussing "when occupational therapy goes wrong". There's some background to the talk here: http://t.co/gWJh7BorL…
Tue Sep 17 12:07:32 PDT 2013

pd2ot

Let's remember than for every "what went wrong" we hope to find alternatives/solutions to make this a useful #OTalk that improves services.
Tue Sep 17 12:07:40 PDT 2013

BillWongOT

@pd2ot in US… That will be being aware of HIPPA regulations. #otalk
Tue Sep 17 12:07:54 PDT 2013

pd2ot

@OTSM2011 Welcome! I hope the signal plays ball! #OTalk
Tue Sep 17 12:08:14 PDT 2013

OTalk_Occhat

@OTSM2011 thanks for making the effort :) #OTalk
Tue Sep 17 12:08:20 PDT 2013

pd2ot

RT @BillWongOT: @pd2ot in US… That will be being aware of HIPPA regulations. #otalk
Tue Sep 17 12:08:36 PDT 2013

OTalk_Occhat

MT @pd2ot Please be mindful during #OTalk tonight to ensure confidentiality and professionalism is maintained when sharing practice examples
Tue Sep 17 12:08:57 PDT 2013

BillWongOT

Having saved an autistic #OTS's OT dreams, academic programs' abilities to support students w/ disabilities varies, esp. placements. #otalk
Tue Sep 17 12:09:03 PDT 2013

Wardmans

@BillWongOT terribly important to speak the same language! #OTalk
Tue Sep 17 12:09:04 PDT 2013

pd2ot

Would anyone like to share an experience of "occupational therapy going wrong"? What happened? #OTalk
Tue Sep 17 12:09:24 PDT 2013

@OTalk_Occhat #OTalk I'm lurking
IamCarrieeeeee

RT @pd2ot: Would anyone like to share an experience of "occupational therapy going wrong"? What happened? #OTalk
Tue Sep 17 12:09:25 PDT 2013

IamCarrieeeeee

RT @pd2ot: Let's remember than for every "what went wrong" we hope to find alternatives/solutions to make this a useful #OTalk that improve…
Tue Sep 17 12:10:07 PDT 2013

OTalk_Occhat

RT @pd2ot Would anyone like to share an experience of " #occupationaltherapy going wrong"? What happened? #OTalk #BPDChat #wenurses
Tue Sep 17 12:10:18 PDT 2013

pd2ot

@IamCarrieeeeee @OTalk_Occhat Great, I hope you feel able to join in at some point. No pressure though :) #OTalk
Tue Sep 17 12:10:20 PDT 2013

BillWongOT

@Wardmans for me- that actually is because my social skills back then in terms of starting conversations were poor. #otalk
Tue Sep 17 12:11:01 PDT 2013

Bethanhc

@pd2ot There is value in honestly and realistically critiquing our services and professional values to examine practice #OTalk
Tue Sep 17 12:11:07 PDT 2013

OTalk_Occhat

@pd2ot I (@clissa89) wrote a blog post earlier about things I've seen "go wrong", more generally http://t.co/f40pCTKRKO #OTalk
Tue Sep 17 12:11:19 PDT 2013

pd2ot

RT @Bethanhc: @pd2ot There is value in honestly and realistically critiquing our services and professional values to examine practice #OTA…
Tue Sep 17 12:11:30 PDT 2013

GillyGorry

#otalk I am here.. just getting a brew and catching up :)
Tue Sep 17 12:11:39 PDT 2013

OTalk_Occhat

@GillyGorry glad you could join us, Gill :) #OTalk
Tue Sep 17 12:11:52 PDT 2013

AnnabelFenn

As a student, not being wholly client centred by trying to prescribe 'realistic' goals... #OTalk
Tue Sep 17 12:11:52 PDT 2013

BillWongOT

As for service wise, I did not like that I fell through the cracks of services as a kid. 1/3 #otalk
Tue Sep 17 12:12:02 PDT 2013

JeSuisLucie

Watching two personalities (patient and practitioner) clash meant treatment came to a halt. #OTalk
Tue Sep 17 12:12:37 PDT 2013
@Bethanhc Definitely. Are you able to share any experiences of things you wanted to changed following this approach? #OTalk
Tue Sep 17 12:12:40 PDT 2013

BillWongOT RT @JeSuisLucie: Watching two personalities (patient and practitioner) clash meant treatment came to a halt. #OTalk
Tue Sep 17 12:13:01 PDT 2013

@pd2ot one example I can think of - assessing for bath seat and not identifying one that works in bath then withdrawing #otalk 1/3
Tue Sep 17 12:13:08 PDT 2013

@JeSuisLucie it's difficult when people don't "gel". What (if anything) do you think could have been done differently? #OTalk
Tue Sep 17 12:13:14 PDT 2013

@GillyGorry Lovely to have you here #OTalk
Tue Sep 17 12:13:30 PDT 2013

RT @OTalk_Occhat: @pd2ot I (@clissa89) wrote a blog post earlier about things I've seen "go wrong", more generally http://t.co/f40pCTKRKO #…
Tue Sep 17 12:13:36 PDT 2013

@OTalk_Occhat @pd2ot for me, a lot of what "goes wrong" is when there's lack of understanding re purpose/value of OT #OTalk
Tue Sep 17 12:13:44 PDT 2013

@OTalk_Occhat RT @BillWongOT: As for service wise, I did not like that I fell through the cracks of services as a kid. 1/3 #otalk
Tue Sep 17 12:13:58 PDT 2013

#otalk 2/2 leaving client to purchase own without assessment which want suitable because carer needed support too. I didn't feel this showed
Tue Sep 17 12:14:01 PDT 2013

@OTalk_Occhat @clissa89 It's a great post. I love how it creates understanding as to why there are problems #OTalk
Tue Sep 17 12:14:09 PDT 2013

@JeSuisLucie Flexibility - practitioner should have reflected on what wasn't working. Also neither was respectful of the other. #OTalk
Tue Sep 17 12:14:10 PDT 2013

Makes you realise the value of reflection, supervision, listening to client feedback...
#OTalk
Tue Sep 17 12:14:14 PDT 2013

Please forgive me if my tweets are off base... Since I pre-tweeted last night. #OTalk
Tue Sep 17 12:14:32 PDT 2013
kirstyes  #otalk 2/3leaving client to purchase own without assessment which want suitable because carer needed support too. I didn’t feel this showed  
Tue Sep 17 12:14:42 PDT 2013

OTAshleyP @JeSuisLucie I think sometimes as practitioners we lose sight of the client's priorities & get wrapped up in 'measurable change' #OTalk  
Tue Sep 17 12:14:45 PDT 2013

BillWongOT RT @clissa89: @OTalk_Occhat @pd2ot for me, a lot of what "goes wrong" is when there's lack of understanding re purpose/value of OT #OTalk  
Tue Sep 17 12:14:45 PDT 2013

OTalk_Occhat @JeSuisLucie @AnnabelFenn really important point - reflection is vital #OTalk  
Tue Sep 17 12:14:48 PDT 2013

Helen_otuk Pressures can mean we 'fit' our clients into the 'services' that are on offer. Therefore not really client oriented. #OTalk  
Tue Sep 17 12:14:59 PDT 2013

BillWongOT Too well behaved + being an English as second language student when I first arrived in US in 6th grade didn't help. 2/3 #otalk  
Tue Sep 17 12:15:02 PDT 2013

BillWongOT Also didn't help things at the time- eye contact was only issue. Since I was in ESL, hard to get reasonable sense of participation. #otalk  
Tue Sep 17 12:15:02 PDT 2013

Bethanhc @OTalk_Occhat When #OT is good, it can be truly life changing. When it isn't good, it can undermine sense of self and identity. #OTalk  
Tue Sep 17 12:15:15 PDT 2013

BillWongOT RT @OTAshleyP: @JeSuisLucie I think sometimes as practitioners we lose sight of the client's priorities & get wrapped up in 'measurable cha…  
Tue Sep 17 12:15:18 PDT 2013

pd2ot RT @clissa89: @OTalk_Occhat @pd2ot for me, a lot of what "goes wrong" is when there's lack of understanding re purpose/value of OT #OTalk  
Tue Sep 17 12:15:26 PDT 2013

Wardmans RT @AnnabelFenn: Makes you realise the value of reflection, supervision, listening to client feedback... #OTalk  
Tue Sep 17 12:15:30 PDT 2013

OTalk_Occhat @OTAshleyP @JeSuisLucie good point. it's easy to get caught up in service pressures/targets etc too :( #OTalk  
Tue Sep 17 12:15:32 PDT 2013

tabbycats4 #OTalk as a student I have felt there is very little time spent 'doing' activities that person actually wants, no time  
Tue Sep 17 12:15:39 PDT 2013
BillWongOT

RT @Bethanhc: @OTalk_Occhat When #OT is good, it can be truly life changing. When it isn’t good, it can undermine sense of self and identit…
Tue Sep 17 12:15:43 PDT 2013

kirstyes

#otalk 3/3 duty of care or listening to full story/ need. Even if we any offer holistic assessment/advice a must - heard this 2nd hand tho!
Tue Sep 17 12:15:46 PDT 2013

JeSuisLucie

@OTashleyP Definitely a goal isn't going to be achieved unless meaningful to the individual. #OTalk
Tue Sep 17 12:16:05 PDT 2013

OTalk_Occhat

@Bethanhc I often see people who've had -ve experiences of OT in the past & it affects current engagement too #OTalk
Tue Sep 17 12:16:15 PDT 2013

AliciaRidout

@OTalk_Occhat Balancing persons autonomy with our need to maintain safe and therapeutic environment is a challenge at times #OTalk
Tue Sep 17 12:16:38 PDT 2013

Bethanhc

@OTashleyP Absolutely. OT goes wrong when we are not client-centred enough and truly engage with their identity and values. #OTalk
Tue Sep 17 12:16:39 PDT 2013

kirstyes

I wonder whether 'x isn't engaging with occupational therapy' might mean 'x doesn't find the ward based activities meaningful'!! #otalk
Tue Sep 17 12:16:43 PDT 2013

pd2ot

@Helen_otuk I've definitely experienced this on placement. Have you experienced this as an increasing problem with budget cuts? #OTalk
Tue Sep 17 12:16:45 PDT 2013

BillWongOT

@Bethanhc @OTalk_Occhat I know the OT I did for someone today isn't good- but that's cuz I don't have enough skill in my arsenal yet. #otalk
Tue Sep 17 12:16:48 PDT 2013

Wardmans

RT @Helen_otuk: Pressures can mean we ‘fit’ our clients into the ‘services’ that are on offer. Therefore not really client oriented. #OTalk
Tue Sep 17 12:16:52 PDT 2013

pd2ot

RT @Helen_otuk: Pressures can mean we ‘fit’ our clients into the ‘services’ that are on offer. Therefore not really client oriented. #OTalk
Tue Sep 17 12:16:53 PDT 2013

tabbycats4

#OTalk therefore little therapeutic engagement from person, so little time and exploration spent. V bad on ward not same in community
Tue Sep 17 12:16:55 PDT 2013

kirstyes

That last tweet was my random earlier thought! #otalk.
Tue Sep 17 12:17:03 PDT 2013
Helen_otuk
RT @kirstyes: I wonder whether ‘x isn’t engaging with occupational therapy’ might mean ‘x doesn’t find the ward based activities meaningful…
Tue Sep 17 12:17:04 PDT 2013

OTAshleyP
@tabbycats4 I agree, when on placement on wards it was all ADL focused, no time to talk about/work on leisure pursuits. #OTalk
Tue Sep 17 12:17:08 PDT 2013

JeSuisLucie
@OTalk_Occhat @Bethanhc agreed. I often see people reluctant to try due to previous -ve experiences w/ OT/SS input. #OTalk
Tue Sep 17 12:17:10 PDT 2013

pd2ot
RT @kirstyes: I wonder whether ‘x isn’t engaging with occupational therapy’ might mean ‘x doesn’t find the ward based activities meaningful…
Tue Sep 17 12:17:16 PDT 2013

Symbolic_Life
Apologies for my #OTalk absence tonight I’m chilling with my Newborn Nephew... He’s really showing me what lungs were made for... :).
Tue Sep 17 12:17:27 PDT 2013

IamCarrieeeee
@pd2ot Oops. Forgot #OTalk on that last tweet :O
Tue Sep 17 12:17:45 PDT 2013

OTalk_Occhat
@kirstyes "there is only OT that is not meeting the needs of the person" #OTalk
Tue Sep 17 12:17:59 PDT 2013

Helen_otuk
@pd2ot yes, it can be a challenge, but can still work but needs lots of ‘creativity’ and ‘understanding’. #OTalk
Tue Sep 17 12:18:15 PDT 2013

JeSuisLucie
@BillWongOT @Bethanhc @OTalk_Occhat But having insight to skill deficit is a good thing. It enables you to develop! #OTalk
Tue Sep 17 12:18:25 PDT 2013

pd2ot
@kirstyes That’s very true. Ward activities can be limiting, but can a creative OT find ways to bring in meaningful activities? #OTalk
Tue Sep 17 12:18:25 PDT 2013

AnnabelFenn
@JeSuisLucie @OTAshleyP agree that ‘bad’ OT is not meaningful, not client centred, and can alienate #otalk
Tue Sep 17 12:18:44 PDT 2013

OTalk_Occhat
@tabbycats4 yes, time, money and service pressures can be real barriers #OTalk
Tue Sep 17 12:18:50 PDT 2013

BillWongOT
On the flip side, I know that there are times that I fail to deliver for the clients due to my inexperience. #otalk
Tue Sep 17 12:19:03 PDT 2013

Bethanhc
@OTalk_Occhat When involved in the disability movement I had to excuse myself for being OT because of people's bad experiences #OTalk
pd2ot
RT @JeSuisLucie: @BillWongOT @Bethanhc @OTalk_Occhat But having insight to skill deficit is a good thing. It enables you to develop! #OTalk
Tue Sep 17 12:19:33 PDT 2013

OTalk_Occhat
@AliciaRidout what type of setting do you work in? I work in acute inpatient MH - and yes, can be a real challenge! #OTalk
Tue Sep 17 12:19:33 PDT 2013

pd2ot
@JeSuisLucie @BillWongOT @Bethanhc @OTalk_Occhat So true! #OTalk
Tue Sep 17 12:19:45 PDT 2013

Wardmans
RT @OTAshleyP: @tabbycats4 I agree, when on placement on wards it was all ADL focused, no time to talk about/work on leisure pursuits. #Ot…
Tue Sep 17 12:20:00 PDT 2013

OTAshleyP
@AliciaRidout @OTalk_Occhat Just got around to reading an opinion piece re the therapeutic benefits of risk, goes against instinct #OTalk
Tue Sep 17 12:20:01 PDT 2013

tabbycats4
@OTAshleyP there was nothing of therapeutic value on ward I was on, very sad. Just a discharge process not a place for me to be #OTalk
Tue Sep 17 12:20:07 PDT 2013

kirstyes
When I've spoken to those who've had OT experiences they don't seem to have received input I'd have expected! #otalk OT as good as The OT?!
Tue Sep 17 12:20:07 PDT 2013

pd2ot
@IamCarrieeeeee could you possibly RT with the #? We don't want to miss your contributions :) #OTalk
Tue Sep 17 12:20:20 PDT 2013

kirstyes
RT @OTalk_Occhat: @kirstyes "there is only OT that is not meeting the needs of the person" #OTalk
Tue Sep 17 12:20:48 PDT 2013

IamCarrieeeeee
@clissa89 @OTalk_Occhat @pd2ot For me, it's strange to read re theories, practice etc. Came across OT when IP - they ran the bingo! #OTalk
Tue Sep 17 12:20:53 PDT 2013

OTalk_Occhat
@tabbycats4 @OTAshleyP that is a real shame. I think a lot about how poor practice = missed opportunities #OTalk
Tue Sep 17 12:21:08 PDT 2013

pd2ot
@Bethanhc @OTalk_Occhat Such an important point. OT going 'wrong' has lasting consequences #OTalk
Tue Sep 17 12:21:23 PDT 2013

Bethanhc
@JeSuisLucie Oooh insight - a whole other debate. Whose insight? OT or client? Insight or hope? Whose judgement? #OTalk
pd2ot

RT @Bethanhc: @OTalk_Occhat When involved in the disability movement I had to excuse myself for being OT because of people’s bad experience.

kirstyes

@OTalk_Occhat Yes, exactly. Not that OT couldn't meet the needs but there are limitations in current provision. #otalk

OTalk_Occhat

@IamCarrieeeee @clissa89 @pd2ot It sounds like complexity/potential of OT wasn't really conveyed to you! #OTalk

OTAshleyP

@Bethanhc @OTalk_Occhat Thats tough to hear sometimes. We cocoon ourselves in success stories. #OTalk

Wardmans

@pd2ot @kirstyes have ward activities as sub goal working towards big meaningful goal #OTalk

BillWongOT

Right now as an #OT, I don't feel confident enough to deviate too much from what has been working. #otalk

pd2ot

Are there factors that make it harder to deliver 'good OT'? Has anyone found ways around them? #OTalk

JeSuisLucie

@Bethanhc I think a practitioner benefits greatly in having insight into their own abilities #OTalk

kirstyes

@pd2ot Why yes I believe they could

OTalk_Occhat

@OTAshleyP @Bethanhc I'm really pleased that we're having this chat tonight - not all "fluffy" but learning from shortfalls too #OTalk

OTalk_Occhat

RT @pd2ot Are there factors that make it harder to deliver ‘good OT’? Has anyone found ways around them? #OTalk

pd2ot

RT @IamCarrieeeee: @clissa89 @OTalk_Occhat @pd2ot For me, it’s strange to read re theories, practice etc. Came across OT when IP - they ra...

JeSuisLucie

@BillWongOT Snap, as a new grad this is always in the back of my mind. #OTalk
IamCarrieeeeee  @OTalk_Occhat @clissa89 @pd2ot #OTalk They also ran an origami group...  Tue Sep 17 12:23:11 PDT 2013

kirstyes  @Wardmans @pd2ot But is that always enough for all clients. Sometime difficult to see occupation as means?! as contributing. #otalk  Tue Sep 17 12:23:26 PDT 2013

GillyGorry  @clissa89 Great post. Something I need to think about more... I wonder if being a lone OT will make this easier or harder to do #otalk  Tue Sep 17 12:23:35 PDT 2013

pd2ot  @IamCarrieeeeee @clissa89 @OTalk_Occhat Would you have valued being given more information about the theory? Or some other approach? #OTalk  Tue Sep 17 12:23:54 PDT 2013

OTalk_Occhat  @IamCarrieeeeee @clissa89 @pd2ot was the OT intervention you received meaningful/contribute to goal of life worth living? #OTalk  Tue Sep 17 12:24:00 PDT 2013

pd2ot  RT @kirstyes: @pd2ot Why yes I believe they could  Tue Sep 17 12:24:24 PDT 2013

OTalk_Occhat  @GillyGorry @clissa89 it can be difficult when you're isolated - but guess you can also have more autonomy. Glad we have this space #OTalk  Tue Sep 17 12:24:47 PDT 2013

Helen_otuk  I met clients who have -ve feelings about OT due to previous encounter. The issues were about grants and funding not the OT. 1/2 #OTalk  Tue Sep 17 12:25:03 PDT 2013

BillWongOT  Over time, I hope to adapt to the clients' needs & wants better, once I get the "mechanics" & have enough experience under my belt. #otalk  Tue Sep 17 12:25:03 PDT 2013

pd2ot  For service users and carers: are there any messages you'd like the professionals to hear about what you want from treatment? #OTalk  Tue Sep 17 12:25:10 PDT 2013

IamCarriieeeeee  @pd2ot @clissa89 @OTalk_Occhat #OTalk I had no respect for them. I felt like their purpose was to help people with a low level of intellect  Tue Sep 17 12:25:12 PDT 2013

Bethanhc  @OTAshleyP And have been described as claiming success and blaming failure on clients by disability activists! (e.g. Abberley 1996) #OTalk  Tue Sep 17 12:25:38 PDT 2013

OTalk_Occhat  @IamCarrieeelee @pd2ot @clissa89 that is such an important point - because a lot of ppl I work with say similar re previous OT #OTalk  Tue Sep 17 12:25:46 PDT 2013
IamCarrieeeeee @pd2ot @clissa89 @OTalk_Occhat #OTalk I know that sounds awful but that's what it felt like. They ran a timetable of 'activities' They
Tue Sep 17 12:25:56 PDT 2013

OTalk_Occhat @IamCarrieeeeee @pd2ot @clissa89 what do you think contributed to this? how could it be different? #OTalk
Tue Sep 17 12:26:04 PDT 2013

GillyGorry @OTalk_Occhat @clissa89 Yes more autonomy is great and a benefit to getting it right and keeping occ focus... Need to self reflect #otalk
Tue Sep 17 12:26:08 PDT 2013

kirstyes RT @AnnabelFenn: @JeSuisLucie @OTAshleyP agree that 'bad' OT is not meaningful, not client centred, and can alienate #otalk
Tue Sep 17 12:26:12 PDT 2013

pd2ot @IamCarrieeeeee @clissa89 @OTalk_Occhat sounds like they weren't adapting to your needs, and certainly mirrors my first exp of OT #OTalk
Tue Sep 17 12:26:24 PDT 2013

OTalk_Occhat MT @pd2ot service users and carers: are there any messages you'd like the professionals to hear about what you want from treatment? #OTalk
Tue Sep 17 12:26:26 PDT 2013

Helen_otuk 2/2 #OTalk so needed to explain and start again. Also when working for an 'authority' or 'service' previous / general feeling impacts +++
Tue Sep 17 12:26:27 PDT 2013

tabbycats4 #OTalk making sure other professionals understand the role is key too, and if lone OT in a team good communication is vital
Tue Sep 17 12:26:27 PDT 2013

Bethanhc @JeSuisLucie Absolutely! Insight into our inabilities too! #OTalk
Tue Sep 17 12:26:34 PDT 2013

IamCarrieeeeee @pd2ot @clissa89 @OTalk_Occhat #OTalk didn't interact with people on any different basis than a random person on the street could
Tue Sep 17 12:26:44 PDT 2013

AnnabelFenn I find time pressures make it difficult to deliver a better quality of service #OTalk
Tue Sep 17 12:26:54 PDT 2013

OTalk_Occhat @pd2ot @IamCarrieeeeee @clissa89 I found your "OT is for Thick People" blog post on this topic very interesting/sad #OTalk
Tue Sep 17 12:27:09 PDT 2013

GillyGorry @JeSuisLucie Yes.. The relationship is very important to success.. #otalk
Tue Sep 17 12:27:24 PDT 2013
GillyGorry
RT @Bethanhc: @OTAshleyP Absolutely. OT goes wrong when we are not client-centred enough and truly engage with their identity and values. …
Tue Sep 17 12:27:38 PDT 2013

TRAMMCPD
@Helen_otuk #otalk, yes have experienced this too. The process and timescales more of an issue than the OT
Tue Sep 17 12:27:43 PDT 2013

IamCarrieeeee
@OTalk_Occhat @clissa89 @pd2ot #OTalk That wasn't even on the cards. I didn't attend the 'activities' because they were pointless.
Tue Sep 17 12:27:44 PDT 2013

BillWongOT
When I think about what can go wrong in occupational therapy, I think of several factors- exp. of #OT, complexity of client 1/2 #otalk
Tue Sep 17 12:28:02 PDT 2013

OTAshleyP
@Bethanhc We get focused on promoting OT & sometimes dont address the issues we have. Ill have to check out that reference! #OTalk
Tue Sep 17 12:28:35 PDT 2013

pd2ot
RT @AnnabelFenn: I find time pressures make it difficult to deliver a better quality of service #OTalk
Tue Sep 17 12:28:38 PDT 2013

IamCarrieeeee
@pd2ot @clissa89 @OTalk_Occhat #OTalk They weren't reacting to anyone's needs.
Tue Sep 17 12:29:01 PDT 2013

OTalk_Occhat
@BillWongOT agree, lack of experience/confidence can impact on quality - but not necessarily. Sometimes newer grads more contemporary #OTalk
Tue Sep 17 12:29:03 PDT 2013

pd2ot
Good point, does anyone else find this? @AnnabelFenn #OTalk
Tue Sep 17 12:29:07 PDT 2013

kirstyes
As an OT educator I struggle with complaints about too much focus on ideal/or theory. If don't start with this as basis OT goes wrong #otalk
Tue Sep 17 12:29:14 PDT 2013

kirstyes
RT @OTalk_Occhat: @BillWongOT agree, lack of experience/confidence can impact on quality - but not necessarily. Sometimes newer grads more …
Tue Sep 17 12:29:44 PDT 2013

Helen_otuk
@TRAMMCPD oh yes! some have been about the OT too. So not exclusive. But difficult for OT if the process is restricting practice #OTalk
Tue Sep 17 12:29:55 PDT 2013

OTalk_Occhat
@IamCarrieeeee @pd2ot @clissa89 did you get a sense of why this was? (eg lack of skill? service constraints?) #OTalk
Tue Sep 17 12:29:59 PDT 2013
BillWongOT

confidence/competence of OT, mental flexibility, practice setting, legislation, & what the OT has in his/her arsenal. 2/2 #otalk
Tue Sep 17 12:30:03 PDT 2013

JeSuisLucie

@kirstyes I find lack of understanding purpose of OT can be a barrier - using theory to explain can overcome this. #OTalk
Tue Sep 17 12:30:09 PDT 2013

BoothRach

Sorry very late #OTalk
Tue Sep 17 12:30:10 PDT 2013

OTalk_Occhat

@OTAshleyP @Bethanhc agree - balance is important. we need to be realistic too #OTalk
Tue Sep 17 12:30:27 PDT 2013

GillyGorry

@pd2ot @kirstyes Absolutely! Be Creative, resourceful &willing to listen! then implement. Good clinical reasoning is a powerful too! #otalk
Tue Sep 17 12:30:37 PDT 2013

OTalk_Occhat

@BoothRach glad you could join us :) we're discussing "when OT goes wrong" - have you got any experience of this? #OTalk
Tue Sep 17 12:30:59 PDT 2013

AnnabelFenn

@kirstyes agreed - you need a solid foundation knowledge to start building experience on to #OTalk
Tue Sep 17 12:31:19 PDT 2013

OTalk_Occhat

@GillyGorry @pd2ot @kirstyes agree - good clinical reasoning (& ability to articulate) v important #OTalk
Tue Sep 17 12:31:25 PDT 2013

IamCarrieeeee

@OTalk_Occhat @pd2ot @clissa89 #OTalk I'm not sure. It seems, looking back, an absence of any passion or thorough OT theory. I suspect it's
Tue Sep 17 12:31:28 PDT 2013

Bethanhc

@kirstyes I agree that we should start with theory to help stop OT from going wrong. But, we need disability theory too #OTalk
Tue Sep 17 12:31:30 PDT 2013

pd2ot

@IamCarrieeeee @clissa89 @OTalk_Occhat Very true. #OTalk
Tue Sep 17 12:31:34 PDT 2013

OTAshleyP

@OTalk_Occhat @BillWongOT new grads may be better suited to use research strategies to learn & use evidence to counteract experience #OTalk
Tue Sep 17 12:31:42 PDT 2013

kirstyes

RT @JeSuisLucie: @kirstyes I find lack of understanding purpose of OT can be a barrier - using theory to explain can overcome this. #OTalk
Tue Sep 17 12:31:54 PDT 2013

GillyGorry

@Helen_otuk I have had clients say "that doesn't sound like OT" based on previous
encounters of other services #otalk
Tue Sep 17 12:32:11 PDT 2013

IamCarrieeeee
@OTalk_Occhat #OTalk a lot to do with having to work within the system and bring able to do things differently
Tue Sep 17 12:32:19 PDT 2013

pd2ot
Prompted by @IamCarrieeeee's experience of OT I'm sharing my blog post 'OT is for thick people' http://t.co/a0EhKVgg4L #OTalk
Tue Sep 17 12:32:28 PDT 2013

OTalk_Occhat
@Bethanhc @kirsteys I know some people find theory difficult to grasp - but I believe it's very important #OTalk
Tue Sep 17 12:32:32 PDT 2013

OTAshleyP
@pd2ot @AnnabelFenn Yes! In some services we are just discharge planners - really downplays our breadth of knowledge & skills #OTalk
Tue Sep 17 12:32:39 PDT 2013

kirstyes
@JeSuisLucie I agree. But it doesn't always seem to be valued as much as hands on skills. Both needed for helpful OT. #otalk
Tue Sep 17 12:32:42 PDT 2013

pd2ot
RT @kirstyes: As an OT educator I struggle with complaints about too much focus on ideal/or theory. If don't start with this as basis OT go…
Tue Sep 17 12:32:48 PDT 2013

pd2ot
RT @Bethanhc: @kirsteys I agree that we should start with theory to help stop OT from going wrong. But, we need disability theory too #OTalk
Tue Sep 17 12:33:02 PDT 2013

BillWongOT
I also think there is a difference between an OT knows an intervention is ineffective w/ willingness to make adjustments 1/2 #otalk
Tue Sep 17 12:33:02 PDT 2013

kirstyes
RT @Bethanhc: @kirsteys I agree that we should start with theory to help stop OT from going wrong. But, we need disability theory too #OTalk
Tue Sep 17 12:33:23 PDT 2013

OTalk_Occhat
this's had significant impact on my practice MT @pd2ot @IamCarrieeeee's my blog post 'OT is for thick people' http://t.co/BKXTZTUg5R #OTalk
Tue Sep 17 12:33:25 PDT 2013

OTAshleyP
@kirstyes integrating theory into practice is important, us students just dont want to admit it. Want to just jump in! #OTalk
Tue Sep 17 12:33:42 PDT 2013

OTalk_Occhat
@OTAshleyP @pd2ot @AnnabelFenn discharge planners or activity coordinators.. not reaching our full potential #OTalk
Tue Sep 17 12:33:56 PDT 2013
Wardmans

RT @OTalk_Occhat: @GillyGorry @pd2ot @kirstyes agree - good clinical reasoning (& ability to articulate) v important #OTalk
Tue Sep 17 12:34:06 PDT 2013

iamCarrieeeee

@OTalk_Occhat #OTalk It makes me sad really. Actual OT input would have been invaluable. An intelligent person with #bpd who is bored leads
Tue Sep 17 12:34:25 PDT 2013

Bethanhc

@OTalk_Occhat OT is unpopular with many disabled people: it has gone wrong. I suspect because we don't embrace disability theory #OTalk
Tue Sep 17 12:34:31 PDT 2013

lapsangsusie

@IamCarrieeeee @pd2ot @clissa89 @OTalk_Occhat #OTalk *nods* this has been my experience too. Not always but ... often, as in Macbeth group
Tue Sep 17 12:34:39 PDT 2013

pd2ot

RT @OTAshleyP: @pd2ot @AnnabelFenn Yes! In some services we are just discharge planners - really downplays our breadth of knowledge & skill...
Tue Sep 17 12:34:46 PDT 2013

IamCarrieeeee

@OTalk_Occhat #OTalk to further struggles and no sense of competence
Tue Sep 17 12:35:02 PDT 2013

OTalk_Occhat

@Bethanhc what do you think has contributed to this unpopularity? (this may be my ignorance) #OTalk
Tue Sep 17 12:35:06 PDT 2013

OTAshleyP

@BillWongOT lots of people keep with the status-quo, are afraid to step out of their comfort zone. #OTalk
Tue Sep 17 12:35:06 PDT 2013

kirstyes

@Bethanhc yes agree. Should this come from us or clients? Maybe we should look at an #otalk on disability theory too.
Tue Sep 17 12:35:11 PDT 2013

OTalk_Occhat

@lapsangsusie @IamCarrieeeee @pd2ot @clissa89 you said you'd experienced several OT approaches - would you like to share more? #OTalk
Tue Sep 17 12:35:31 PDT 2013

pd2ot

RT @IamCarrieeeee: @OTalk_Occhat #OTalk It makes me sad really. Actual OT input would have been invaluable. An intelligent person with #bp…
Tue Sep 17 12:35:33 PDT 2013

Helen_otuk

yes! RT @kirstyes; @Bethanhc yes agree. Should this come from us or clients? Maybe we should look at an #otalk on disability theory too.
Tue Sep 17 12:35:35 PDT 2013

pd2ot

RT @IamCarrieeeee: @OTalk_Occhat #OTalk to further struggles and no sense of competence
Tue Sep 17 12:35:42 PDT 2013
OTalk_Occhat

@kirstyes @Bethanhc I think that'd be a great idea #OTalk
Tue Sep 17 12:35:49 PDT 2013

kirstyes

RT @pd2ot: Prompted by @IamCarrieeeeee's experience of OT I'm sharing my blog post 'OT is for thick people' http://t.co/a0EhKVgg4L #OTalk
Tue Sep 17 12:36:00 PDT 2013

BillWongOT

versus an OT intervention that is clearly ineffective, but OT is stubborn to try new ideas. Latter = bigger fail 2/2 #otalk
Tue Sep 17 12:36:02 PDT 2013

GillyGorry

@pd2ot @AnnabelFenn yes.. We have to consider, other service factors on what we can realistic give and achieve. #otalk
Tue Sep 17 12:36:22 PDT 2013

pd2ot

For students: are there any particular issues about being on placement that makes it harder to deliver 'good' occupational therapy? #OTalk
Tue Sep 17 12:36:43 PDT 2013

Sibellgul

RT @Bethanhc: @kirsteys I agree that we should start with theory to help stop OT from going wrong. But, we need disability theory too #OTalk
Tue Sep 17 12:36:52 PDT 2013

OTAshleyP

@Bethanhc @OTalk_Occhat Been having some interesting conversations in class about this. Easy to fall into "us" and "them"- big no! #OTalk
Tue Sep 17 12:37:08 PDT 2013

kirstyes

@OTAshleyP I'm not denying a gap at all, application is essential. Students sharing theory on placements may help here too #otalk
Tue Sep 17 12:37:11 PDT 2013

BoothRach

I think one of the main things I have to talk to new staff and students about is how much 'help' in given in group work? #otalk
Tue Sep 17 12:37:36 PDT 2013

lapsangsusie

@OTalk_Occhat @IamCarrieeeeee @pd2ot @clissa89 #OTalk 1. ip setting, edu, on bedrest at first. 1-1 craft and relaxation with OT once a week.
Tue Sep 17 12:37:49 PDT 2013

Bethanhc

@kirstyes OTs need to take responsibility. To be client centred we need to understand where people come from, Dis theory helps this #OTalk
Tue Sep 17 12:37:56 PDT 2013

kirstyes

I wonder whether there is often still too much of an us/them attitude. I've been an OT service user too (hand therapy) post RTA. #otalk 1/2
Tue Sep 17 12:38:40 PDT 2013

AnnabelFenn

@GillyGorry @pd2ot I have found that educating staff on OT theory means enabling practice can be facilitated by all #OTalk
Tue Sep 17 12:38:41 PDT 2013

lapsangsusie

@OTalk_Occhat #OTalk which was fine for where I was at that time. But craft &
relaxation offered as escapism rather than addressing issues.
Tue Sep 17 12:38:50 PDT 2013

Bethanhc
@OTAshleyP @OTalk_Occhat Who is "us" and who is "them"? #OTalk
Tue Sep 17 12:38:51 PDT 2013

BillWongOT
Having experience now as an #OT practitioner, I gained an appreciation that
designing tx's is an art. 1/2 #otalk
Tue Sep 17 12:39:02 PDT 2013

kirstyes
I try and use my own disability, condition experience to guide me. #otalk 2/2
Tue Sep 17 12:39:19 PDT 2013

OTSM2011
@pd2ot #otalk I've been qualified 3 yrs & from placement experience the educator
and my confidence played huge part in delivering 'good' OT
Tue Sep 17 12:39:21 PDT 2013

pd2ot
@BoothRach Can you say a little more Rachel? #OTalk
Tue Sep 17 12:39:23 PDT 2013

BoothRach
Do you let someone fail in a task like cooking meal,
or intervene before that point?
Are you doing damage and giving key learning #OTalk
Tue Sep 17 12:39:36 PDT 2013

OTalk_Occhat
MT @lapsangsusie @OTalk_Occhat #OTalk craft & relaxation offered as escapism
rather than addressing issues.
Tue Sep 17 12:39:36 PDT 2013

OTAshleyP
@pd2ot I think breaking through "this is how its always been done" its intimidating to
disagree with, ruffling of feathers #OTalk
Tue Sep 17 12:39:46 PDT 2013

pd2ot
RT @AnnabelFenn: @GillyGorry @pd2ot I have found that educating staff on OT
theory means enabling practice can be facilitated by all #OTalk
Tue Sep 17 12:39:46 PDT 2013

lapsangsusie
@OTalk_Occhat #OTalk 2. Wonderful work, 1-1 with an OT as an outpatient. As
someone with restrictive AN & anxiety, going to uni was a ...
Tue Sep 17 12:39:48 PDT 2013

GillyGorry
@AnnabelFenn @pd2ot Yes, being able to explain our role and what we can offer is
great way to overcoming issues #otalk
Tue Sep 17 12:39:57 PDT 2013

pd2ot
RT @kirstyes: I wonder whether there is often still too much of an us/them attitude.
I've been an OT service user too (hand therapy) post R...
Tue Sep 17 12:40:04 PDT 2013

kirstyes
RT @pd2ot: For students: are there any particular issues about being on placement
that makes it harder to deliver 'good' occupational thera…
JeSuisLucie

@kirstyes Expressing empathy and understanding whilst being professional can build a productive relationship #OTalk
Tue Sep 17 12:40:14 PDT 2013

pd2ot

RT @OTS2011: @pd2ot #otalk I've been qualified 3 yrs & from placement experience the educator and my confidence played huge part in delive…
Tue Sep 17 12:40:25 PDT 2013

kirstyes

RT @Bethanhc: @kirstyes OTs need to take responsibility. To be client centred we need to understand where people come from, Dis theory help…
Tue Sep 17 12:40:35 PDT 2013

lapsangsusie

@OTalk_Occhat #OTalk terrifying prospect. OT helped me prepare very practically. We started off eating out somewhere which served something
Tue Sep 17 12:40:47 PDT 2013

pd2ot

RT @kirstyes: I try and use my own disability, condition experience to guide me. #otalk 2/2
Tue Sep 17 12:40:57 PDT 2013

OTalk_Occhat

@JeSuisLucie @kirstyes for me, therapeutic use of self is paramount, & most important thing to get right #OTalk
Tue Sep 17 12:40:57 PDT 2013

OTAshleyP

@Bethanhc @OTalk_Occhat practitioners and service-users. Need to be more cooperative, clients are the experts on themselves. #OTalk
Tue Sep 17 12:41:12 PDT 2013

lapsangsusie

@OTalk_Occhat #OTalk that I already ate. Over several months, built up to going to Bham uni canteen at mealtimes (local to where I was then)
Tue Sep 17 12:41:35 PDT 2013

pd2ot

For professionals: what methods do you use to check you're 'getting it right'? #OTalk
Tue Sep 17 12:41:42 PDT 2013

kirstyes

@Bethanhc @OTAshleyP @OTalk_Occhat snap, I just said this too. WE are human. This is where humanising agenda comes in. #otalk
Tue Sep 17 12:41:49 PDT 2013

pd2ot

RT @GillyGorry: @AnnabelFenn @pd2ot Yes, being able to explain our role and what we can offer is a great way to overcoming issues #otalk
Tue Sep 17 12:41:58 PDT 2013

BoothRach

@pd2ot what is the differences with facilitating someone to truly complete and task independently, or being more shown, #otalk
Tue Sep 17 12:41:59 PDT 2013

BillWongOT

I also acknowledge that a lot of times better options might not be made right away because an OT hasn't think of them then. 2/2 #otalk
JeSuisLucie

@OTalk_Occhat @kirstyes Being 21 wrking w/ a pop. of 65+ it's vital for me to connect w/ my pts to ensure we understand each other #OTalk

Tue Sep 17 12:42:03 PDT 2013

kirstyes

@AnnabelFenn and an ongoing link back to theory. I feel I missed that when practising. #otalk

Tue Sep 17 12:43:18 PDT 2013

pd2ot

@BoothRach do you find people are tending to deviate to showing? Why do you think that happens? #OTalk

Tue Sep 17 12:43:52 PDT 2013

lapsangsusie

@OTalk_Occhat #OTalk 3. offered OT appts as outpatient in Cambs bc psychiatrist wanted me to see a CPN but CPNs said they didn't deal w/ ED

Tue Sep 17 12:43:22 PDT 2013

OTalk_Occhat

@lapsangsusie I'm finding your tweets v interesting (& favouriting to consider after chat) #OTalk

Tue Sep 17 12:43:30 PDT 2013

NewmanOTstudent

I've found theory anchors me in the ideals of the profession; might protect students from cultures of 'going through the motions' #otalk

Tue Sep 17 12:43:47 PDT 2013

pd2ot

RT @OTAshleyP: @pd2ot I think breaking through "this is how its always been done" its intimidating to disagree with, ruffling of feathers #…

Tue Sep 17 12:44:07 PDT 2013

OTalk_Occhat

@NewmanOTstudent I agree- theory has been a lifeline for me as a new grad! #OTalk

Tue Sep 17 12:44:18 PDT 2013

GillyGorry

@pd2ot Self reflection/evaluation. Ask clients if this is right for them. Work WITH clients to achieve goals. Regular supervision #otalk

Tue Sep 17 12:44:22 PDT 2013

kirstyes

@NewmanOTstudent can I retweet your first tweet with the #otalk hashtag? Thanks for joining us.

Tue Sep 17 12:44:36 PDT 2013

Wardmans

@OTAshleyP @pd2ot they encourage me to disagree! It's lovely and I believe i'm pushed to deliver good evidence based OT. #OTalk

Tue Sep 17 12:44:41 PDT 2013

lapsangsusie

@OTalk_Occhat #OTalk OT focused very much on "what will you do when PhD is finished?" but nothing good came of those conversations (maybe

Tue Sep 17 12:44:46 PDT 2013

pd2ot

@OTAshleyP very good point. I've definitely found the realities of practice have meant I've lost some of the ideals we discuss at uni #OTalk
Bethanhc
@kirstyes @OTAshleyP @OTalk_Occhat Personal experience can help but it is not enough. More basic is respect for individual values #OTalk
Tue Sep 17 12:45:09 PDT 2013

Sibellgul
Agreed #OTalk @Bethanhc so easy to confuse/project our own or work place issues into practice and move away from OT principles.
Tue Sep 17 12:45:14 PDT 2013

BoothRach
@pd2ot until it is point out yes, it hard to just watch especially if something is going wrong, it's human nature to help out, #OTalk
Tue Sep 17 12:45:20 PDT 2013

lapsangsusie
@OTalk_Occhat #OTalk out of her experience. I stopped seeing her after one appt during which I was v distressed bc friend had given birth .
Tue Sep 17 12:45:25 PDT 2013

pd2ot
RT @GillyGorry: @pd2ot Self reflection/evaluation. Ask clients if this is right for them. Work WITH clients to achieve goals. Regular super...
Tue Sep 17 12:45:33 PDT 2013

kirstyes
@NewmanOTstudent Great point. #otalk
Tue Sep 17 12:46:04 PDT 2013

kirstyes
RT @NewmanOTstudent: I've found theory anchors me in the ideals of the profession; might protect students from cultures of 'going through t...
Tue Sep 17 12:46:13 PDT 2013

kirstyes
RT @Bethanhc: @kirstyes @OTAshleyP @OTalk_Occhat Personal experience can help but it is not enough. More basic is respect for individual va…
Tue Sep 17 12:46:31 PDT 2013

BoothRach
RT @Bethanhc: @kirstyes I agree that we should start with theory to help stop OT from going wrong. But, we need disability theory too #OTalk
Tue Sep 17 12:46:41 PDT 2013

lapsangsusie
@OTalk_Occhat #OTalk & I was grieving that illness means I prob won't have a baby. OT suggested I try Artificial Insemination. At BMI of 14
Tue Sep 17 12:46:50 PDT 2013

OTalk_Occhat
Had a v interesting discussion in group supervision today about how organisational culture can impact on our work with clients #OTalk
Tue Sep 17 12:47:08 PDT 2013

GillyGorry
@BoothRach Depends on the client. Errorless learning has its place..#otalk
Tue Sep 17 12:47:17 PDT 2013

kirstyes
@Bethanhc @OTAshleyP @OTalk_Occhat I hope I have that too! #otalk but yes good point worth stating. Respecting one shoe doesn't fit all.
Tue Sep 17 12:47:20 PDT 2013
WeDoTherapy: We can't make the meeting tonight but will check out the comments later :) #OTalk
Tue Sep 17 12:47:37 PDT 2013

lapsangsusie: @OTalk_Occhat Thanks! #OTalk 4. During 6 months in IP recently, no OT offered bc OT was on maternity leave and not replaced. Therefore no
Tue Sep 17 12:47:59 PDT 2013

OTalk_Occhat: @WeDoTherapy please add your thoughts after - transcript includes 24hours #OTalk
Tue Sep 17 12:48:00 PDT 2013

BoothRach: @Bethanthc defo there is a difference about tiredly understanding disability and being tough how to provide equipment #OTalk
Tue Sep 17 12:48:17 PDT 2013

OTthoughts: Hello everyone :) Ill catch the chat later guys!! Busy tonight. Sorry #otalk
Tue Sep 17 12:48:25 PDT 2013

Helen_otuk: Agree: Had a v interesting discussion in group supervision today about how organisational culture can impact on our work with clients #OTalk
Tue Sep 17 12:48:30 PDT 2013

AnnabelFenn: @OTalk_Occhat any solutions to barriers discussed would be appreciated! #OTalk
Tue Sep 17 12:48:51 PDT 2013

pd2ot: @lapsangsusie @OTalk_Occhat #OTalk that sounds so difficult. Irreparable damage to any therapeutic relationship. #OTalk
Tue Sep 17 12:49:01 PDT 2013

lapsangsusie: @OTalk_Occhat #OTalk group programme for the entire unit. 5. 4 weeks in daycare, run by an OT. Her approach is more therapist than ...
Tue Sep 17 12:49:07 PDT 2013

kirstyes: I'm beginning to think that adding health literacy more to school curriculum is important. Get clients asking us to explain reasoning #otalk
Tue Sep 17 12:49:09 PDT 2013

pd2ot: RT @AnnabelFenn: @OTalk_Occhat any solutions to barriers discussed would be appreciated! #OTalk
Tue Sep 17 12:49:34 PDT 2013

Helen_otuk: @WeDoTherapy do add your thoughts and comments. The transcript gets posted after 24hrs #OTalk
Tue Sep 17 12:49:52 PDT 2013

Wardmans: It amazes me to read all the bad experiences with ot, never heard anything like it before! #OTalk
Tue Sep 17 12:49:54 PDT 2013
GillyGorry

RT @kirstyes: I'm beginning to think that adding health literacy more to school curriculum is important. Get clients asking us to explain r…
Tue Sep 17 12:50:00 PDT 2013

BillWongOT

My take home point is- if we are SU's, it will be great if we provide constructive feedback on how our OT's are doing w/ us. 1/2 #otalk
Tue Sep 17 12:50:03 PDT 2013

OTalk_Occhat

@OTthoughts hi Hayley, thanks for popping in - feel free to add thoughts up to 24hours after :) #OTalk
Tue Sep 17 12:50:12 PDT 2013

lapsangsusie

@pd2ot @OTalk_Occhat #OTalk Yep. It clarified for me that she had no idea how to work with me or help me. She said in 1st sesh "no ED exper"
Tue Sep 17 12:50:16 PDT 2013

pd2ot

Just 10 minutes of live #OTalk left. Some common themes and solutions coming up. Does anyone have any further solutions to add?
Tue Sep 17 12:50:51 PDT 2013

OTalk_Occhat

@Wardmans imo, these are really important perspectives to consider & learn from #OTalk
Tue Sep 17 12:51:04 PDT 2013

BoothRach

RT @Helen_otuk: Agree: Had a v interesting discussion in group supervision today about how organisational culture can impact on our work wi…
Tue Sep 17 12:51:11 PDT 2013

lapsangsusie

@OTalk_Occhat #OTalk occupational (if you see what I mean). She ran all the groups and was good at facilitating therapeutic discussions. BUT
Tue Sep 17 12:51:13 PDT 2013

pd2ot

RT @kirstyes: I'm beginning to think that adding health literacy more to school curriculum is important. Get clients asking us to explain r…
Tue Sep 17 12:51:18 PDT 2013

OTalk_Occhat

@lapsangsusie @pd2ot :{ #OTalk
Tue Sep 17 12:51:22 PDT 2013

kirstyes

I wonder if people think there are particular clinical areas where OT goes wrong, or right, more often? #OTalk
Tue Sep 17 12:51:26 PDT 2013

OTAshleyP

@NewmanOTstudent welcome to the gang! #OTalk
Tue Sep 17 12:51:58 PDT 2013

BPDFS

#OTalk what work really well in our trust are the OT's who facilitate in our peer support groups.
Tue Sep 17 12:51:59 PDT 2013

@OTalk_Occhat #OTalk (& the consultant laughed when I told him this) she said that
lapsangsusie

my anxiety in the dining room made her feel stressed &

Tue Sep 17 12:51:59 PDT 2013

BillWongOT

In other words, SU's have partial responsibilities (if applicable) to help their OT's to be the best OT's they can be for SU's. #otalk

Tue Sep 17 12:52:02 PDT 2013

OTalk_Occhat

@BPDFFS what do you think it is that makes this work well? #OTalk

Tue Sep 17 12:52:18 PDT 2013

lapsangsusie

@OTalk_Occhat #OTalk she couldn't help me with eating. So i had to leave daycare bc I couldn't eat the food and they couldn't help with that

Tue Sep 17 12:52:36 PDT 2013

BoothRach

@Helen_otuk true does organisational objectives always reflect true clients needs, or latest gov budget/target #OTalk

Tue Sep 17 12:52:39 PDT 2013

OTalk_Occhat

Interesting Q! RT @kirstyes I wonder if people think there are particular clinical areas where OT goes wrong, or right, more often? #OTalk

Tue Sep 17 12:52:43 PDT 2013

pd2ot

I'm really struck by the potential for a 'bad' experience of OT to destroy any potential for useful future interventions #OTalk

Tue Sep 17 12:52:44 PDT 2013

kirstyes

@Wardmans do you think hearing it will change your practice? #otalk

Tue Sep 17 12:52:55 PDT 2013

BoothRach

RT @kirstyes: I wonder if people think there are particular clinical areas where OT goes wrong, or right, more often? #OTalk

Tue Sep 17 12:53:23 PDT 2013

Helen_otuk

RT @BoothRach: @Helen_otuk true does organisational objectives always reflect true clients needs, or latest gov budget/target #OTalk

Tue Sep 17 12:53:25 PDT 2013

pd2ot

RT @BillWongOT: My take home point is- if we are SU's, it will be great if we provide constructive feedback on how our OT's are doing w/ us…

Tue Sep 17 12:53:33 PDT 2013

OTAshleyP

@kirstyes Interesting question. My experiences in acute wards have been more negative, huge push to discharge for beds 1/2 #OTalk

Tue Sep 17 12:53:43 PDT 2013

Bethanhc

@OTalk_Occhat A lot of OT really is good. It goes wrong with a lack of client-centredness or external pressure restricting work #OTalk

Tue Sep 17 12:54:07 PDT 2013

OTalk_Occhat

@pd2ot this that truly saddens me. I regularly see the damage that -ve previous
experiences leaves : ( #OTalk
Tue Sep 17 12:54:09 PDT 2013

Helen_otuk
RT @Bethanhc: @OTalk_Occhat A lot of OT really is good. It goes wrong with a lack of client-centredness or external pressure restricting wo…
Tue Sep 17 12:54:17 PDT 2013

OTAshleyP
@kirstyes but in rehab wards and vocational rehab services there was more time to explore client goals cooperatively 2/2 #OTalk
Tue Sep 17 12:54:37 PDT 2013

pd2ot
@kirstyes in my personal exp ward environments have been more challenging - contrived occupations etc. - it shouldn't have to be tho' #OTalk
Tue Sep 17 12:55:15 PDT 2013

AnnabelFenn
@Bethanhc @OTalk_Occhat I agree wholeheartedly #OTalk
Tue Sep 17 12:55:18 PDT 2013

Maria_Markland
@pd2ot Having an outside view, can see conflict with pressure on OTs to 'do' and clients being in the 'not ready for change' stage #OTalk
Tue Sep 17 12:55:20 PDT 2013

AOTAInc
Now that you've chatted on #otalk about OT gone wrong, join our new practitioners chat about ethical dilemmas. http://t.co/4QIfYjMJxb
Tue Sep 17 12:55:26 PDT 2013

kirstyes
@OTAshleyP but I wonder about client satisfaction in these areas? Do OT and client satisfaction correlate? #otalk
Tue Sep 17 12:55:32 PDT 2013

BoothRach
@Bethanhc @OTalk_Occhat including poor supervision lack of commutation and collaborate working #OTalk
Tue Sep 17 12:55:42 PDT 2013

BPDFSFS
@OTalk_Occhat I think it's about giving people chances to participate in what's happening give feedback make changes to benefit them #otalk
Tue Sep 17 12:55:45 PDT 2013

OTalk_Occhat
@lapsangsusie I'm sad to hear that you've had such difficult experiences of OT (but really appreciate you sharing!) #OTalk
Tue Sep 17 12:56:10 PDT 2013

pd2ot
@kirstyes community settings that work in people’s home/work etc. have been able to offer more person centred working #OTalk
Tue Sep 17 12:56:17 PDT 2013

Helen_otuk
But even when individuals have had -ve experience in past, it is possible to develop a +ve now and future but more difficult for both #OTalk
Tue Sep 17 12:56:23 PDT 2013

kirstyes
@pd2ot so maybe we need to be affecting change in our environments to facility more effective occupation? #otalk. New focus for OT role?
OTalk_Occhat

@Helen_otuk yes definitely. If I didn't believe this, I wouldn't be able to do the job
#OTalk

Tue Sep 17 12:57:14 PDT 2013

lapsangsusie

@OTalk_Occhat Some good ones too & I think OT can be fab :-) #OTalk

Tue Sep 17 12:57:37 PDT 2013

kirstyes

@Helen_otuk I had feedback that as a new grad that I'd changed other profs view of OT into a more positive one. That was nice to hear #otalk

Tue Sep 17 12:57:59 PDT 2013

Maria_Markland

RT @BoothRach: @Helen_otuk true does organisational objectives always reflect true clients needs, or latest gov budget/target #OTalk

Tue Sep 17 12:58:05 PDT 2013

OTalk_Occhat

@Maria_Markland @pd2ot your description is very familiar #OTalk

Tue Sep 17 12:58:15 PDT 2013

pd2ot

Final few minutes #OTalk - any take home points? Any messages that will change your practice?

Tue Sep 17 12:58:31 PDT 2013

GillyGorry

@pd2ot thanks 4 a great #otalk excellent host as always :) and @clissa89 was and excellent support too! Lots to think about x

Tue Sep 17 12:59:03 PDT 2013

kirstyes

@pd2ot Pointing students to the transcript of this chat. #otalk

Tue Sep 17 12:59:08 PDT 2013

OTalk_Occhat

@lapsangsusie it sounds like you've had really varied experience of OT! What would you like us as OTs to know/learn? #OTalk

Tue Sep 17 12:59:10 PDT 2013

Maria_Markland

RT @OTAshleyP: @kirstyes but in rehab wards and vocational rehab services there was more time to explore client goals cooperatively 2/2 #OT...

Tue Sep 17 12:59:18 PDT 2013

pd2ot

@kirstyes definitely. Ward env. can be harder but I hope I'll make the effort to make my work relevant and effective. #OTalk

Tue Sep 17 12:59:39 PDT 2013

OTalk_Occhat

@pd2ot wow, that's sped by. My mind is whizzing - what a fascinating topic, really appreciate people who've shared their experiences #OTalk

Tue Sep 17 12:59:43 PDT 2013

OTAshleyP

@OTalk_Occhat @lapsangsusie Yes, thank you for sharing. As a student, hearing these perspectives is so valuable. #OTalk

Tue Sep 17 12:59:49 PDT 2013
OTalk_Occhat

For me, take away message is about importance of listening & having open mind. My practice is influenced by discussions like these #OTalk
Tue Sep 17 13:00:28 PDT 2013

Wardmans

@kirstyes I'll review my reflective process w clients, try to do methodical reflection more than just a couple q about their opinion #OTalk
Tue Sep 17 13:00:41 PDT 2013

pd2ot

Thank you to all our contributors tonight - such valuable contributions! I'm looking forward to reading the transcript fully #OTalk
Tue Sep 17 13:00:51 PDT 2013

kirstyes

@GillyGorry @pd2ot @clissa89 here here. Some fantastic and varied insights. Thanks to all those sharing personal experiences of OT too #otalk
Tue Sep 17 13:00:51 PDT 2013

OTalk_Occhat

Also about importance of striving for person-centred practice, despite the many barriers that exist #OTalk
Tue Sep 17 13:01:02 PDT 2013

kirstyes

RT @Wardmans: @kirstyes I'll review my reflective process w clients, try to do methodical reflection more than just a couple q about their …
Tue Sep 17 13:01:12 PDT 2013

BoothRach

@pd2ot just remember reflection skills, things will go wrong, but if you reflect, learn and change your practice, things improve #otalk
Tue Sep 17 13:01:31 PDT 2013

kirstyes

@Wardmans great, do let us know how that goes. Do you blog? #otalk
Tue Sep 17 13:01:33 PDT 2013

pd2ot

It's now 9pm and the end of our chat, but we won't collate the tweets for another 24hrs so feel free to add thoughts/reflections #OTalk
Tue Sep 17 13:01:34 PDT 2013

lapsangsusie

@OTalk_Occhat #OTalk Each S.U. is an individual with their own patchwork of experiences. Listening is more important than talking sometimes
Tue Sep 17 13:01:34 PDT 2013

BoothRach

RT @lapsangsusie: @OTalk_Occhat #OTalk Each S.U. is an individual with their own patchwork of experiences. Listening is more important than…
Tue Sep 17 13:01:58 PDT 2013
BoothRach

RT @GillyGorry: @pd2ot thanks 4 a great #otalk excellent host as always :) and @clissa89 was and excellent support too! Lots to think about…
Tue Sep 17 13:02:06 PDT 2013

BoothRach

RT @pd2ot: Thank you to all our contributors tonight - such valuable contributions! I'm looking forward to reading the transcript fully #OT…
Tue Sep 17 13:02:14 PDT 2013

pd2ot

@OTalk_Occhat definitely - I feel like I've only caught about 10% of it - I'm looking forward to reading all I've missed #OTalk
Tue Sep 17 13:02:32 PDT 2013

OTalk_Occhat

If anyone would like to share more fully their experiences/reflections - message me @clissa89, we can host on our blog! #OTalk
Tue Sep 17 13:02:37 PDT 2013

pd2ot

RT @BoothRach: @pd2ot just remember reflection skills, things will go wrong, but if you reflect, learn and change your practice, things …
Tue Sep 17 13:02:56 PDT 2013

BoothRach

Great #otalk tonight!
Tue Sep 17 13:02:57 PDT 2013

pd2ot

RT @OTalk_Occhat: Also about importance of striving for person-centred practice, despite the many barriers that exist #OTalk
Tue Sep 17 13:03:08 PDT 2013

pd2ot

RT @OTalk_Occhat: If anyone would like to share more fully their experiences/reflections - message me @clissa89, we can host on our blog! #…
Tue Sep 17 13:03:23 PDT 2013

Maria_Markland

RT @pd2ot: @kirstyes community settings that work in people's home/work etc. have been able to offer more person centred working #OTalk
Tue Sep 17 13:03:31 PDT 2013

Helen_otuk

Thanks you @pd2ot for hosting this evening with support from @clissa89 Great topic…. #OTalk
Tue Sep 17 13:03:32 PDT 2013

OTalk_Occhat

Thank you to @pd2ot and @iamcarrie2266 for inspiring this conversation. Very important one to have! #OTalk
Tue Sep 17 13:03:34 PDT 2013

kirstyes

RT @lapsangsusie: @OTalk_Occhat #OTalk Each S.U. is an individual with their own patchwork of experiences. Listening is more important than…
Tue Sep 17 13:03:49 PDT 2013

Helen_otuk

RT @OTalk_Occhat: If anyone would like to share more fully their experiences/reflections - message me @clissa89, we can host on our blog! #…
Tue Sep 17 13:03:51 PDT 2013
@pd2ot same here, looking forward to collating and reflecting. #OTalk
Tue Sep 17 13:03:56 PDT 2013

@pd2ot @OTalk_Occhat I've got a cold dinner from trying to keep up! Better pop that in the microwave now... #OTalk
Tue Sep 17 13:04:10 PDT 2013

RT @lapsangsusie: @OTalk_Occhat #OTalk Each S.U. is an individual with their own patchwork of experiences. Listening is more important than...
Tue Sep 17 13:04:20 PDT 2013

Thank you for a thought provoking #OTalk, as always, great reflective practice and grateful for the forum
Tue Sep 17 13:04:33 PDT 2013

@OTAshleyP oops, sign of a good #OTalk
Tue Sep 17 13:04:36 PDT 2013

@OTalk_Occhat I'll be taking that on board, thanks @lapsangsusie #otalk
Tue Sep 17 13:04:51 PDT 2013

my last thought: negotiating with clients with 'functional symptoms'. Distrust can quickly rise on both sides without diplomacy! #OTalk
Tue Sep 17 13:05:47 PDT 2013

RT @lapsangsusie: @OTalk_Occhat #OTalk Each S.U. is an individual with their own patchwork of experiences. Listening is more important than...
Tue Sep 13:05:59 PDT 2013

All at #otalk. Next week's chat will be led by TRAMm team. Looking at their CPD model to get us all CPDing effectively for next audit cycle
Tue Sep 17 13:05:59 PDT 2013

@pd2ot @OTalk_Occhat thanks! And thanks for a great topic and chat! #OTalk
Tue Sep 17 13:06:23 PDT 2013

@BillWongOT reply#OTalk yes agree
Tue Sep 17 13:06:35 PDT 2013

@kirstyes Oooh sounds great. Very interested to participate in this one! #OTalk
Tue Sep 17 13:06:36 PDT 2013

@OTalk_Occhat @pd2ot #OTalk Thanks for taking on board the realities of OT being a negative experience for some.
Tue Sep 17 13:06:51 PDT 2013

@kirstyes ooh exciting. If not do comment on the blog post later or link us to a new blog. #otalk
Symbolic_Life
RT @BoothRach: @pd2ot just remember reflection skills, things will go wrong, but if you reflect, learn and change your practice, things ...
Tue Sep 17 13:07:32 PDT 2013

Maria_Markland
@pd2ot Love all the learning points from bad experiences. Also learnt the importance of explaining aims thanks to your pre-chat blog #otalk
Tue Sep 17 13:07:41 PDT 2013

OTalk_Occhat
@IamCarrieeeee @pd2ot have you got any final words for us OTs? #OTalk
Tue Sep 17 13:07:55 PDT 2013

TRAMMCPD
@kirstyes #otalk we're nervously looking forward to hosting. For some background check out our website http://t.co/ILquoHJ7lm
Tue Sep 17 13:08:09 PDT 2013

kirstyes
@JeSuisLucie great, see you there. #otalk
Tue Sep 17 13:08:19 PDT 2013

struan
RT @OTalk_Occhat: this's had significant impact on my practice MT @pd2ot @IamCarrieeeee's my blog post 'OT is for thick people' http://t.c...
Tue Sep 17 13:08:57 PDT 2013

pd2ot
@Maria_Markland Thank you - it all came about from me questioning the point of the chat and seemed to carry on through well #OTalk
Tue Sep 17 13:09:14 PDT 2013

janerahpl
RT @clissa89: #OTuesday I've written a quick blog post in preparation for tonight's #OTalk "When #OccupationalTherapy Goes Wrong" http://t....
Tue Sep 17 13:09:15 PDT 2013