#OTalk transcript

Healthcare Social Media Transcript

From: Tue Feb 18 12:00:00 PST 2014
To: Wed Feb 19 13:15:00 PST 2014

change time period

What is #OTalk? Who were the influencers during this time period? #OTalk analytics

Healthcare Conference - Healthcare Tweet Chats - Healthcare Analytics

OTCurry
@OTalk_Occhat join #OTalk each week UK time on twitter between 8-9pm Tuesdays. I for one will look in next week @BAOTCOT
Wed Feb 19 3:03:46 PST 2014

shuTAPtalk
RT @LabmedOT: @shuTAPtalk Please tell all interested students that the next #OTalk is information on locum opportunities for new grads and …
Wed Feb 19 5:10:51 PST 2014

OT_SHU
RT @LabmedOT: @shuTAPtalk Please tell all interested students that the next #OTalk is information on locum opportunities for new grads and …
Wed Feb 19 5:14:38 PST 2014

OTalk_Occhat
Tue 25th Feb 2014 20:00 GMT #OTalk will be exploring locum opportunities. All welcome #physiotalk http://t.co/ndzn8pg5UB
Wed Feb 19 5:39:05 PST 2014

LabmedOT
RT @OTalk_Occhat Tue 25th Feb 2014 20:00 GMT #OTalk will be exploring locum opportunities. All welcome #physiotalk http://t.co/7GQIJlcOXi
Wed Feb 19 6:23:42 PST 2014

OTCoachUK
RT @LabmedOT: RT @OTalk_Occhat Tue 25th Feb 2014 20:00 GMT #OTalk will be exploring locum opportunities. All welcome #physiotalk http://t.c…
Wed Feb 19 6:24:24 PST 2014

OTalk_Occhat
March 4th #OTalk Journal / Media Club - considering Music as an Occupation with @eileenhegarty7 http://t.co/MhW22tzRfH
Wed Feb 19 6:26:38 PST 2014

healthorder
RT @LabmedOT: RT @OTalk_Occhat Tue 25th Feb 2014 20:00 GMT #OTalk will be exploring locum opportunities. All welcome #physiotalk http://t.c…
Wed Feb 19 7:00:49 PST 2014
physiotalk RT @OTalk_Occhat: Tue 25th Feb 2014 20:00 GMT #OTalk will be exploring locum opportunities. All welcome #physiotalk http://t.co/ndzn8pg5UB Wed Feb 19 10:21:16 PST 2014

physiotalk RT @LabmedOT: RT @OTalk_Occhat Tue 25th Feb 2014 20:00 GMT #OTalk will be exploring locum opportunities. All welcome #physiotalk http://t.co/... Wed Feb 19 10:21:01 PST 2014

OT_rach @GeekyOT here #OTalk hope your all well! Tue Feb 18 12:00:39 PST 2014

GeekyOT @Michejh fantastic, great to have you here! search the hashtag #OTalk, and include it in all your tweets : ) let me know if you get stuck Tue Feb 18 12:00:41 PST 2014

RachHallster Hi all #otalk Tue Feb 18 12:01:08 PST 2014

GeekyOT @RachHallster hi Rachel, glad you could make it tonight : ) #OTalk Tue Feb 18 12:01:31 PST 2014

GeekyOT @OT_rach hi there! welcome : ) #OTalk Tue Feb 18 12:01:59 PST 2014

robbrooks_uk @GeekyOT hello! Here and ready for #otalk Tue Feb 18 12:02:08 PST 2014

Sarahstudentot RT @pd2ot: Tonight (8pm GMT), @GeekyOT and I are hosting #OTalk on ‘Occupational Therapy and Eating Disorders’. All welcome! http://t.co/1Q... Tue Feb 18 12:02:24 PST 2014

GeekyOT @robbrooks_uk great, welcome! : ) #OTalk Tue Feb 18 12:02:24 PST 2014

Zoe_with2dots @OT_rach @GeekyOT hello all #OTalk Tue Feb 18 12:02:27 PST 2014

GeekyOT @Zoe_with2dots hi Zoe, so pleased you could make it tonight! #OTalk Tue Feb 18 12:02:41 PST 2014

pd2ot Evening all :) I’m co-hosting with @GeekyOT tonight #OTalk Tue Feb 18 12:02:42 PST 2014

eileenhegarty7 @GeekyOT Hello everyone #otalk Tue Feb 18 12:03:03 PST 2014

BillWongOT hey everyone. #OTalk Tue Feb 18 12:03:14 PST 2014
RT @pd2ot: Evening all :) I'm co-hosting with @GeekyOT tonight #OTalk
Tue Feb 18 12:03:14 PST 2014

Hi all I need OTs with seen/unseen disabilities to participate in my survey. Takes 10-15mins http://t.co/mNhBRvkcmp #OTalk
Tue Feb 18 12:03:17 PST 2014

@robbrooks_uk Hi Rob #OTalk
Tue Feb 18 12:03:22 PST 2014

@GeekyOT hope you have great #otalk! Shall listen in but in pre-birthday baking frenzy here! http://t.co/uRrWG97nGo
Tue Feb 18 12:03:45 PST 2014

@BillWongOT hi Bill, glad you could make it today! what is your local time? #OTalk
Tue Feb 18 12:03:49 PST 2014

@kilner100 ooh good luck with the baking! is someone wearing a onesie?! #OTalk
Tue Feb 18 12:04:07 PST 2014

Hi all first time here I’ll give it a whirl #otalk
Tue Feb 18 12:04:08 PST 2014

@RachHallster Welcome! #OTalk
Tue Feb 18 12:04:11 PST 2014

Hi, I'm an OT working in an eating disorders unit, working with adults and adolescents. #OTalk
Tue Feb 18 12:04:21 PST 2014

@MitalOT mayb invite is better than need
Tue Feb 18 12:04:25 PST 2014

Hi, everyone! I'm Marissa, an occupational therapy student from Canada #OTalk
Tue Feb 18 12:04:25 PST 2014

I'm here :) #OTalk
Tue Feb 18 12:04:29 PST 2014

@reid_goodwin welcome! tweet me or @pd2ot if you need any help #OTalk
Tue Feb 18 12:04:31 PST 2014

@MitalOT I would be eternally grateful! #OTalk
Tue Feb 18 12:04:39 PST 2014

RT @MitalOT: Hi all I need OTs with seen/unseen disabilities to participate in my survey. Takes 10-15mins http://t.co/mNhBRvkcmp #OTalk
Tue Feb 18 12:04:42 PST 2014
GeekyOT @Michejh I'm so glad you could join us tonight! Looking forward to hearing about your work #OTalk  Tue Feb 18 12:04:51 PST 2014

BillWongOT @GeekyOT noon- perfect for me. #OTalk  Tue Feb 18 12:04:52 PST 2014

pd2ot @marissawylo Welcome! Great to have you here #OTalk  Tue Feb 18 12:05:02 PST 2014

OT_rach @MitalOT will do this after #OTalk tonight!  Tue Feb 18 12:05:02 PST 2014

GeekyOT @marissawylo welcome Marissa! What's your local time? #OTalk  Tue Feb 18 12:05:05 PST 2014

BillWongOT @reid_goodwin welcome- hope you will learn lots. #otalk  Tue Feb 18 12:05:13 PST 2014

AmyParkin4 RT @OTalk_Occhat: #OTalk in 15 minutes about #eatingdisorders and #occupationaltherapy. All welcome! Please RT. http://t.co/MF5gq2RcJr  Tue Feb 18 12:05:13 PST 2014

reid_goodwin Thanks @GeekyOT #otalk  Tue Feb 18 12:05:15 PST 2014

GeekyOT @Lara_Stanley great, glad you could make it :) #OTalk  Tue Feb 18 12:05:16 PST 2014

Zoe_with2dots @GeekyOT yes, have really been looking forward to it. I changed jobs after Xmas, no longer working in ED...I miss it so much 😧 #OTalk  Tue Feb 18 12:05:21 PST 2014

kilner100 @GeekyOT onsie in yr honour! #otalk :-D  Tue Feb 18 12:05:39 PST 2014

marissawylo @pd2ot Thanks so much! Looking forward to the conversation. Very intriguing topic #OTalk  Tue Feb 18 12:05:41 PST 2014

Sarahstudentot Hello everyone first #OTalk  Tue Feb 18 12:05:42 PST 2014

GeekyOT Please be mindful of confidentiality during the chat tonight, and remember that professional ethics/standards apply online too #OTalk  Tue Feb 18 12:05:47 PST 2014
AntLeach

Hi #OTalk how are we all tonight?
Tue Feb 18 12:05:50 PST 2014

pd2ot

@reid_goodwin Welcome! #OTalk
Tue Feb 18 12:05:57 PST 2014

MitalOT

@BillWongOT Hi Bill I have heard many stories about you! Unfortunately the study is limited to UK :( #OTalk
Tue Feb 18 12:06:00 PST 2014

marissawylo

@GeekyOT Thank you! Right now it is 12 PM PST for me #OTalk
Tue Feb 18 12:06:05 PST 2014

OT_rach

@Sarahstudentot welcome #OTalk
Tue Feb 18 12:06:19 PST 2014

BillWongOT

@Sarahstudentot nice to meet you! Hope you have a great time! welcome! #OTalk
Tue Feb 18 12:06:30 PST 2014

pd2ot

MT @GeekyOT Please be mindful of confidentiality during the chat tonight, and remember that professional ethics/standards apply online #OTalk
Tue Feb 18 12:06:33 PST 2014

OTalk_Occhat

Q1. What's your level of experience/interest in eating disorders? What brought you to tonight's chat? #OTalk
Tue Feb 18 12:06:58 PST 2014

AllisulliOTProf

#OTalk Hi everyone! @pd2ot
Tue Feb 18 12:07:05 PST 2014

MitalOT

@pixiegirlr Thanks for the advice. I am terrible at writing concise messages! *I INVITE #OTalk
Tue Feb 18 12:07:07 PST 2014

marissawylo

@Sarahstudentot Welcome! Hope you have a great first #OTalk
Tue Feb 18 12:07:12 PST 2014

reid_goodwin

Thanks @pd2ot #otalk
Tue Feb 18 12:07:14 PST 2014

Zoe_with2dots

@Sarahstudentot mine first one too! #OTalk
Tue Feb 18 12:07:19 PST 2014

Sarahstudentot

@BillWongOT thanks #OTalk
Tue Feb 18 12:07:20 PST 2014

AllisulliOTProf

RT @OTalk_Occhat: Q1. What's your level of experience/interest in eating disorders? What brought you to tonight's chat? #OTalk
pd2ot @AllisulliOTProf Brilliant to see you here! :) #OTalk
Tue Feb 18 12:07:37 PST 2014

GeekyOT @Sarahstudentot welcome! don't worry if the convo moves too quickly, we will have a transcript! #OTalk
Tue Feb 18 12:07:51 PST 2014

pixiegirlie @OTalk_Occhat #OTalk hav had EDs personally & am an ot!
Tue Feb 18 12:08:52 PST 2014

eileenhegarty7 @OTalk_Occhat I do some cover on an acute mental health ward and encounter people with ED in groups #otalk
Tue Feb 18 12:08:04 PST 2014

melissamiller90 @GeekyOT So looking forward to #OTalk! I wrote my dissertation on the link between some meaningful occupations and the development of EDs
Tue Feb 18 12:08:06 PST 2014

GeekyOT @pixiegirlie what a fantastic perspective to bring to tonight's chat. I'm really looking forward to hearing what you have to say! #OTalk
Tue Feb 18 12:08:23 PST 2014

BillWongOT @OTalk_Occhat I would say none in terms of experiences. I do want to learn because my new OT setting is a MH setting. #otalk
Tue Feb 18 12:08:25 PST 2014

marissawylo T1 I have absolutely no experience in the topic of #eatingdisorders. Limited to one or two lectures in class #OTalk
Tue Feb 18 12:08:39 PST 2014

pd2ot @melissamiller90 wow, fascinating! look forward to hearing more #OTalk @GeekyOT
Tue Feb 18 12:08:45 PST 2014

BillWongOT @OTalk_Occhat I never know if the autistic adults I will work with also have this, you know. #otalk
Tue Feb 18 12:08:46 PST 2014

GeekyOT @melissamiller90 that sounds really interesting! would you be willing to share a bit about it later in the chat? #OTalk
Tue Feb 18 12:08:58 PST 2014

OT_rach @OTalk_Occhat work in acute mental health, people with eating disorders admitted regularly, often waiting for specialist bed. #OTalk
Tue Feb 18 12:09:04 PST 2014

BillWongOT RT @melissamiller90: @GeekyOT So looking forward to #OTalk! I wrote my dissertation on the link between some meaningful occupations and the…
Tue Feb 18 12:09:05 PST 2014
MitalOT @OTalk_Occhat Work in mental health and an OT student...NEARLY QUALIFIED #OTalk
Tue Feb 18 12:09:12 PST 2014

TinaBelinda @pd2ot @AllisulliOTProf #otalk Hi everyone! I'm not an OT, but have applied to MScOT programs for fall and have work experience in ED
Tue Feb 18 12:09:13 PST 2014

Zoe_with2dots @OTalk_Occhat I was working as an OT in a ED day service for 2 years. Also have had personal experience of ED previously. #OTalk
Tue Feb 18 12:09:24 PST 2014

AllisulliOTProf @OTalk_Occhat the psychosocial occupations disrupted in youth & adulthood by Eating Disorders are part of the curriculum I teach #OTalk
Tue Feb 18 12:09:28 PST 2014

BillWongOT @melissamiller90 @GeekyOT welcome! Looking forward to read what you gotta say. #otalk
Tue Feb 18 12:09:29 PST 2014

marissawylo @TinaBelinda Glad to see you at #OTalk
Tue Feb 18 12:09:42 PST 2014

pd2ot @TinaBelinda Welcome, Tina! #OTalk @AllisulliOTProf
Tue Feb 18 12:09:43 PST 2014

GeekyOT I'm still pretty new to the field, but I work in an eating disorders service that operates 8am-8pm. #OTalk
Tue Feb 18 12:09:49 PST 2014

robbrooks_uk @OTalk_Occhat Have worked in adolescent ED. Would like to know more about the use of occupation in ED #OTalk
Tue Feb 18 12:09:53 PST 2014

Michejh Hi, I work in an in patient unit in England as the lead OT. Prior to this I worked for an ED voluntary organisation #OTalk
Tue Feb 18 12:09:58 PST 2014

MitalOT @BillWongOT @OTalk_Occhat Do you work in an inpatient unit? Specialised? #OTalk
Tue Feb 18 12:10:08 PST 2014

JeSuisLucie I have no experience of working with ED, however it's something I am keen to learn more about #OTalk
Tue Feb 18 12:10:11 PST 2014

BillWongOT @marissawylo same here- I only knew about a little through my med lecs class in OT school from 2009. #otalk
Tue Feb 18 12:10:14 PST 2014

GeekyOT @eileenhegarty7 I'm looking forward to hearing more about your experience! #OTalk
Tue Feb 18 12:10:30 PST 2014
Lara_Stanley  @OTalk_Occhat I just did an assignment looking @ dual diagnosis of ED & Substance abuse & my next PM is MH so expecting to exp it there2 #OTalk  
Tue Feb 18 12:10:39 PST 2014

Zoe_with2dots  @OTalk_Occhat Now working in mental health service in an area that does not have specialist eating disorder service #OTalk  
Tue Feb 18 12:10:49 PST 2014

BillWongOT  @MitalOT @OTalk_Occhat The answer is a "will" at the moment. The school opens in May. It is an independent living facility. #otalk  
Tue Feb 18 12:10:58 PST 2014

kirstyes  @OTalk_Occhat theoretical knowledge of eating disorders only. It's eating disorders week next week and work are running some sessions #otalk  
Tue Feb 18 12:11:04 PST 2014

GeekyOT  @TinaBelinda @pd2ot @AllisulliOTProf that's great! I hope tonight will be useful for you #OTalk  
Tue Feb 18 12:11:20 PST 2014

eileenhegarty7  @GeekyOT I had read @pd2ot blogs on her experiences which I always think of when working with someone with ED #otalk  
Tue Feb 18 12:11:41 PST 2014

GeekyOT  @JeSuisLucie it's definitely a very interesting area! #OTalk  
Tue Feb 18 12:11:57 PST 2014

kirstyes  @Sarahstudentot welcome to #otalk.  
Tue Feb 18 12:11:59 PST 2014

GeekyOT  @Michejh that sounds like some great experience to bring to tonight's chat! #OTalk  
Tue Feb 18 12:12:15 PST 2014

melissamiller90  @GeekyOT Definitely! I wrote it in 2012 and enjoyed the project so much #OTalk  
Tue Feb 18 12:12:32 PST 2014

pd2ot  I don't think eating disorders have ever been covered within our programme, so I have my own experience only #OTalk  
Tue Feb 18 12:12:49 PST 2014

reid_goodwin  Here to learn from others experiences @GeekyOT #otalk  
Tue Feb 18 12:13:09 PST 2014

GeekyOT  @pd2ot eating disorders weren't covered at uni for me either - all my learning has been post-qualifying #OTalk  
Tue Feb 18 12:13:19 PST 2014

eileenhegarty7  @GeekyOT @pd2ot Interested in hearing about other people's experience - nearly always say something awkward about food #otalk  
Tue Feb 18 12:13:29 PST 2014
ashtastic_m

@OTalk_Occhat I'm a student with no exp in ED but interested bcoz it effects people like me #OTalk
Tue Feb 18 12:13:32 PST 2014

GeekyOT

Q2. What do you want to learn about #eatingdisorders tonight/over Eating Disorders Awareness Week #EDAW14? #OTalk
Tue Feb 18 12:13:37 PST 2014

pd2ot

RT @GeekyOT Q2. What do you want to learn about #eatingdisorders tonight/over Eating Disorders Awareness Week #EDAW14? #OTalk
Tue Feb 18 12:13:56 PST 2014

AllisulliOTProf

RT @GeekyOT: Q2. What do you want to learn about #eatingdisorders tonight/over Eating Disorders Awareness Week #EDAW14? #OTalk
Tue Feb 18 12:14:28 PST 2014

OTalk_Occhat

RT @GeekyOT: Q2. What do you want to learn about #eatingdisorders tonight/over Eating Disorders Awareness Week #EDAW14? #OTalk
Tue Feb 18 12:14:32 PST 2014

kirstyes

RT @GeekyOT: Q2. What do you want to learn about #eatingdisorders tonight/over Eating Disorders Awareness Week #EDAW14? #OTalk
Tue Feb 18 12:14:37 PST 2014

BillWongOT

@pd2ot I seriously think they should- more than just a lecure or two about it in a course. #otalk
Tue Feb 18 12:14:40 PST 2014

marissawylo

T2 I would want to learn how best to initiate a conversation about ED. I feel that ED are still a very sensitive topic #OTalk
Tue Feb 18 12:15:01 PST 2014

BillWongOT

RT @GeekyOT: Q2. What do you want to learn about #eatingdisorders tonight/over Eating Disorders Awareness Week #EDAW14? #OTalk
Tue Feb 18 12:15:08 PST 2014

Michejh

To be more specific we work with people with Anorexia or Bulimia #OTalk
Tue Feb 18 12:15:11 PST 2014

eileenhegarty7

@GeekyOT @pd2ot How to engage people with ED - I've found it's almost like a different culture - one I know very little about #otalk
Tue Feb 18 12:15:15 PST 2014

Girl_Interrupt_

@GeekyOT hi can I join in #eatingdisorders #OTalk as lived expert please?
Tue Feb 18 12:15:18 PST 2014

pd2ot

@Girl_Interrupt_ Of course, you're most welcome! #OTalk @GeekyOT
Tue Feb 18 12:15:40 PST 2014

kirstyes

.@GeekyOT I'd like to understand what an occupational approach to working with people with an ED looks like in practice #otalk 1/2
Zoe_with2dots

@pixiegirle @OTalk_Occhat bad & expensive using lots of out of area beds. Business case has been put forward to CCG, fingers crossed #OTalk
Tue Feb 18 12:15:45 PST 2014

GeekyOT

@marissawylo do you mean with people who have lived experience of ED? #OTalk
Tue Feb 18 12:15:48 PST 2014

tabbycats4

@pd2ot No, it hasn't been covered at uni. my knowledge is limited to friends experiences #otalk
Tue Feb 18 12:16:10 PST 2014

reid_goodwin

I agree with @Marrisawylo #otalk
Tue Feb 18 12:16:10 PST 2014

pd2ot

@kirstyes I think that's what I'd like from tonight, too #OTalk @GeekyOT
Tue Feb 18 12:16:10 PST 2014

OT_rach

@GeekyOT how occupation can help, where does ED sit in terms of affective or psychosis disorders (for want of a better word) #OTalk
Tue Feb 18 12:16:13 PST 2014

eileenhegarty7

@Girl_Interrupt_ @GeekyOT Delighted you're here - no expert better than a lived expert in my book #otalk
Tue Feb 18 12:16:23 PST 2014

GeekyOT

@Girl_Interrupt_ please do, we'd love to hear from you! #OTalk
Tue Feb 18 12:16:23 PST 2014

allyablaze

"Dear Occupational Therapists" - Responses to #OTalk "When Occupational Therapy Goes Wrong" http://t.co/UOmIcZuUOH via @wordpressdotcom
Tue Feb 18 12:16:25 PST 2014

AllisulliOTProf

@GeekyOT T2: I'm interested in appropriate short-term goals and objectives for addressing the OT needs for people w ED #otalk
Tue Feb 18 12:16:41 PST 2014

BillWongOT

@Michejh Ditto! I think that's a great idea. #otalk
Tue Feb 18 12:16:47 PST 2014

GeekyOT

Being quite new to eating disorders, what I want to get out of tonight/next week is to learn more about what others do #OTalk
Tue Feb 18 12:16:49 PST 2014

AllisulliOTProf

RT @marissawylo: T2 I would want to learn how best to initiate a conversation about ED. I feel that ED are still a very sensitive topic #O...
robbrooks_uk
RT @kirstyes: .@GeekyOT I'd like to understand what an occupational approach to working with people with an ED looks like in practice #otalk…
Tue Feb 18 12:16:57 PST 2014

pd2ot
@tabbycats4 I think there was the option of a case study in first year that involved someone recovered from bulimia #OTalk
Tue Feb 18 12:16:59 PST 2014

LisaAWicks
RT @GeekyOT: Q2. What do you want to learn about #eatingdisorders tonight/over Eating Disorders Awareness Week #EDAW14? #OTalk
Tue Feb 18 12:17:01 PST 2014

kirstyes
#otalk .@GeekyOT 2/2 and also perhaps what some of the barriers might be. I'd also be interested to understand what people consider an ED.
Tue Feb 18 12:17:09 PST 2014

pixiegirle
@eileenhegarty7 @GeekyOT @pd2ot Wot do u find difficult? Personally i dont think im hard to engage with but thats my opinion lol! #OTalk
Tue Feb 18 12:17:13 PST 2014

Girl_Interrupt_
@GeekyOT Thank you #OTalk
Tue Feb 18 12:17:19 PST 2014

Girl_Interrupt_
@pd2ot @GeekyOT Thank you #OTalk
Tue Feb 18 12:17:33 PST 2014

AllisulliOTProf
RT @OT_rach: @GeekyOT how occupation can help, where does ED sit in terms of affective or psychosis disorders (for want of a better word) …
Tue Feb 18 12:17:41 PST 2014

pd2ot
MT @marissawylo T2 I would want to learn how best to initiate a conversation about ED. I feel that ED are still a v. sensitive topic #OTalk
Tue Feb 18 12:17:41 PST 2014

marissawylo
@GeekyOT Yes. Initiating the conversation when working with a client. I think learning about appropriate language to use is key #OTalk
Tue Feb 18 12:17:42 PST 2014

AllisulliOTProf
RT @allyablaze: "Dear Occupational Therapists" - Responses to #OTalk "When Occupational Therapy Goes Wrong" http://t.co/UOmIcZuUOH via @wor…
Tue Feb 18 12:17:51 PST 2014

tabbycats4
@pd2ot Oh gosh I don't remember that...oops #OTalk
Tue Feb 18 12:17:57 PST 2014

Michejh
ED can b a very isolating illness, destroys confidence and self esteem #OTalk
Tue Feb 18 12:17:57 PST 2014

OT_rach
#otalk when we talk about eating disorders, are we referring to Anorexia, Bulimia ? Where does overeating fit it?
Tue Feb 18 12:17:58 PST 2014
Symbolic_Life  

#OTalk did I make it? Sorry I'm late :)  
Tue Feb 18 12:18:05 PST 2014

pixiegirlr  

@Zoe_with2dots @OTalk_Occhat good! Not good 4 pts as miving far away for treatment can impact massively on occupations #OTalk  
Tue Feb 18 12:18:14 PST 2014

AllisulliOTProf  

RT @kirstyes: #otalk .@GeekyOT 2/2 and also perhaps what some of the barriers might be. I'd also be interested to understand what people co…  
Tue Feb 18 12:18:16 PST 2014

Zoe_with2dots  

@kirstyes @GeekyOT working lots with people's volition/motivation, enhancing this or maintaining it in positive area....can be tricky #OTalk  
Tue Feb 18 12:18:22 PST 2014

kirstyes  

RT @AllisulliOTProf: @GeekyOT T2: I'm interested in appropriate short-term goals and objectives for addressing the OT needs for people w ED…  
Tue Feb 18 12:18:25 PST 2014

MitalOT  

@GeekyOT #otalk Would like to know how to work with it in short term units  
Tue Feb 18 12:18:38 PST 2014

GeekyOT  

@marissawylo I saw something by @ilonacatherine about considering language when talking w people with EDs - does anyone have a link? #OTalk  
Tue Feb 18 12:18:48 PST 2014

kirstyes  

RT @allyablaze: "Dear Occupational Therapists* - Responses to #OTalk "When Occupational Therapy Goes Wrong" http://t.co/UOmIcZuUOH via @wor…  
Tue Feb 18 12:18:51 PST 2014

pd2ot  

@Symbolic_Life You did! Great to see you Michelle #OTalk  
Tue Feb 18 12:18:56 PST 2014

GeekyOT  

@Symbolic_Life you're here :) nice to have you join us from halfway around the world! #OTalk  
Tue Feb 18 12:19:19 PST 2014

OT_rach  

RT @kirstyes: #otalk .@GeekyOT 2/2 and also perhaps what some of the barriers might be. I'd also be interested to understand what people co…  
Tue Feb 18 12:19:26 PST 2014

eileenhegarty7  

@pixiegirlr @GeekyOT @pd2ot Good question. I guess on a personal level, I do engage well with my clients with ED ... #otalk  
Tue Feb 18 12:19:26 PST 2014

pd2ot  

@MitalOT great point, that can be such a challenge #OTalk @GeekyOT  
Tue Feb 18 12:19:32 PST 2014

Zoe_with2dots  

@pixiegirlr @OTalk_Occhat Absolutley and being admitted to hospital is like been discharged from the community and from former life #OTalk  
Tue Feb 18 12:19:37 PST 2014
AllisulliOTProf

RT @Zoe_with2dots: @kirstyes @GeekyOT working lots with people's volition/motivation, enhancing this or maintaining it in positive area........
Tue Feb 18 12:19:39 PST 2014

eileenhegarty7

@pixiegirle @GeekyOT @pd2ot ... I do find it hard to engage them in psycho-education though #otalk
Tue Feb 18 12:20:29 PST 2014

Girl_Interrupt_

@OT_rach need to differentiate #Anorexia #Bulimia #BingeEating & #EDNOS when discussing/exploring #eatingdisorders #OTalk
Tue Feb 18 12:20:34 PST 2014

Michejh

When setting goals it is really dependent on where person is in ED#OTalk
Tue Feb 18 12:21:00 PST 2014

AllisulliOTProf

RT @Girl_Interrupt_: @OT_rach need to differentiate #Anorexia #Bulimia #BingeEating & #EDNOS when discussing/exploring #eatingdisorders #OTalk...
Tue Feb 18 12:21:10 PST 2014

pixiegirle

@Zoe_with2dots @OTalk_Occhat oh yes!! I know it well. Wen ur released tbere is a lot of rebuilding life to do - part of that was #OTalk
Tue Feb 18 12:21:16 PST 2014

pd2ot

@Girl_Interrupt_ can you say a little more about why that's helpful? #OTalk @OT_rach
Tue Feb 18 12:21:26 PST 2014

AmyParkin4

If anybody has had experience of working in inpatient settings, I would be interested to hear about how you use occupation? #otalk
Tue Feb 18 12:21:27 PST 2014

BillWongOT

@eileenhegarty7 @pixiegirle @GeekyOT @pd2ot can you share some tips on that? #otalk
Tue Feb 18 12:21:28 PST 2014

OTalk_Occhat

Q3. Have you had a chance to look at the resources on my (@geekyOT's) blog? http://t.co/IMBxVw0 What are your thoughts? #OTalk
Tue Feb 18 12:21:29 PST 2014

pd2ot

RT @OTalk_Occhat: Q3. Have you had a chance to look at the resources on my (@geekyOT’s) blog? http://t.co/IMBxVw0 What are your thoughts...
Tue Feb 18 12:21:54 PST 2014

pixiegirle

@Zoe_with2dots @OTalk_Occhat decidin not to let my ED kill me & stop it from cintrolling my life #OTalk
Tue Feb 18 12:21:55 PST 2014

BillWongOT

RT @Girl_Interrupt_: @OT_rach need to differentiate #Anorexia #Bulimia #BingeEating & #EDNOS when discussing/exploring #eatingdisorders #OTalk...
Tue Feb 18 12:21:58 PST 2014
RT @Zoe_with2dots: @kirstyes @GeekyOT working lots with people's volition/motivation, enhancing this or maintaining it in positive area......
Tue Feb 18 12:22:01 PST 2014

@pixiegirle @eileenhegarty7 @GeekyOT @pd2ot informing individual about DX & psycho-ed is extremely important #eating disorders #OTalk
Tue Feb 18 12:22:02 PST 2014

RT @OT_rach: #otalk when we talk about eating disorders, are we referring to Anorexia, Bulimia? Where does overeating fit it?
Tue Feb 18 12:22:07 PST 2014

@OT_rach Exactly Rachel. Do wonder if obesity should be considered as an ED and given a wider focus than diet/exercise. #otalk
Tue Feb 18 12:22:13 PST 2014

If anybody has had experience of working in inpatient settings, I would be interested to hear about how you use occupation?...
Tue Feb 18 12:22:22 PST 2014

@Girl_Interrupt_ @OT_rach hi, thanks sorry what's #EDNOS #OTalk
Tue Feb 18 12:22:26 PST 2014

@Girl_Interrupt_ @OT_rach great point. Not all EDs have the same symptoms, but I wonder if occupations are similarly disrupted? #otalk
Tue Feb 18 12:22:38 PST 2014

Think key like anything is to listen, have some knowledge, show you care, non-judgemental and remember it's not just about weight#OTalk
Tue Feb 18 12:22:38 PST 2014

To those that work in ED - how (if at all) does your approach to rapport building differ from in other settings? #OTalk
Tue Feb 18 12:22:39 PST 2014

@BillWongOT @pixiegirle @GeekyOT @pd2ot It's not hard - they are really nice people #otalk
Tue Feb 18 12:22:54 PST 2014

RT @AmyParkin4: If anybody has had experience of working in inpatient settings, I would be interested to hear about how you use occupation?...
Tue Feb 18 12:22:59 PST 2014

@eileenhegarty7 @GeekyOT @pd2ot yep understand wot u mean now - yes maybe denial or not wanting to engage in therapy? #OTalk
Tue Feb 18 12:23:01 PST 2014

RT @AmyParkin4: If anybody has had experience of working in inpatient settings, I would be interested to hear about how you use occupation?...
Tue Feb 18 12:23:03 PST 2014
pd2ot: RT @Girl_Interrupt_: @pixiegirle @eileenhegarty7 @GeekyOT @pd2ot informing individual about DX & psycho-ed is extremely important #eating d…
Tue Feb 18 12:23:05 PST 2014

BillWongOT: @pd2ot @Girl_Interrupt_ @OT_rach such a great point- definitely need more specific pointers. #otalk
Tue Feb 18 12:23:10 PST 2014

AllisulliOTProf: RT @OTalk_Occhat: Q3. Have you had a chance to look at the resources on my (@geekyOT's) blog? http://t.co/lMHDBIDev0 What are your thoughts…
Tue Feb 18 12:23:17 PST 2014

Sarahstudentot: @AmyParkin4 I haven't worked in one but was a patient. They used crafts, cooking, leisure activities outside #OTalk
Tue Feb 18 12:23:29 PST 2014

Girl_Interrupt_: @pd2ot @OT_rach psycho-educating individual about DX & difficulties promotes insight & promotes recovery pathway #eating disorders #OTalk
Tue Feb 18 12:23:30 PST 2014

Zoe_with2dots: @kirstyes @GeekyOT I found the biggest barrier is lack of motivation from client, when they perceive more positives to living with ED #OTalk
Tue Feb 18 12:23:32 PST 2014

GeekyOT: @JeSuisLucie can't think of discernable difference w/ how I build rapport - I get to know/adapt approach to the person in front of me #OTalk
Tue Feb 18 12:23:37 PST 2014

kirstyes: Also, a new one on me in the last couple of weeks. http://t.co/L4fkQodxnN #otalk
Orthorexia Nervosa. Not an official diagnosis I don't think
Tue Feb 18 12:23:41 PST 2014

MitalOT: @pd2ot @GeekyOT some of the people I work with may be in for a few days/a week, max 3-4 weeks. You cannot get much done in this time #OTalk
Tue Feb 18 12:23:59 PST 2014

Michejh: Although they’re all EDs and confidence is lost, eating is emotional or not eating the treatment differs depending on type of ED#OTalk
Tue Feb 18 12:23:59 PST 2014

OT_rach: @Girl_Interrupt_ @pd2ot brilliant thanks #otalk
Tue Feb 18 12:24:00 PST 2014

BillWongOT: @eileenhegarty7 @pixiegirle @GeekyOT @pd2ot you do have to put the fact that I am autistic into account- hence why this question. #otalk
Tue Feb 18 12:24:04 PST 2014

pixiegirle: @OT_rach binge eating disorder is an ed. Saddly most servuces concentrate on anorexia #OTalk
Tue Feb 18 12:24:11 PST 2014
Lara_Stanley  
@OTalk_Occhat I find Locks research to be useful when looking @OT & ED in practice, however, lots more still needs to be researched #OTalk
Tue Feb 18 12:24:15 PST 2014

BillWongOT  
RT @kirstyes: Also, a new one on me in the last couple of weeks. http://t.co/L4kKoqdxnN #otalk Orthorexia Nervosa. Not an official diagnosis...
Tue Feb 18 12:24:38 PST 2014

AllisulliOTProf  
@OTalk_Occhat @GeekyOT I looked over the resources you shared in preparation for the chat & found them to be very helpful. #otalk
Tue Feb 18 12:24:50 PST 2014

BillWongOT  
RT @Zoe_with2dots: @kirstyes @GeekyOT I found the biggest barrier is lack of motivation from client, when they perceive more positives to l...
Tue Feb 18 12:24:51 PST 2014

OT_rach  
@pixiegirlie why do you think this is? #otalk
Tue Feb 18 12:24:51 PST 2014

Girl_Interrupt_  
@OT_rach sorry EDNOS = Eating Disorder Not Otherwise Specified #eatingdisorder #OTalk
Tue Feb 18 12:24:51 PST 2014

odhranallen  
I've had the experience of receiving OT when I had anorexia & providing OT service when I worked in an eating disorder unit #OTalk
Tue Feb 18 12:24:55 PST 2014

AllisulliOTProf  
RT @kirstyes: @OT_rach Exactly Rachel. Do wonder if obesity should be considered as an ED and given a wider focus than diet/exercise. #otalk
Tue Feb 18 12:24:57 PST 2014

m_egjoy  
@OTalk_Occhat #1 I'm an OT student from Canada. My background is educational, but as an athlete I have had team members #OTalk
Tue Feb 18 12:25:11 PST 2014

pd2ot  
@pixiegirlie Agreed. It felt to me like their was a big stigma/invalidation surrounding B.E.D #OTalk @OT_rach
Tue Feb 18 12:25:17 PST 2014

GeekyOT  
@Lara_Stanley Lock and Pepin's model of ED has heavily influenced how I conceptualise ED in my work #OTalk
Tue Feb 18 12:25:22 PST 2014

kirstyes  
@Zoe_with2dots @GeekyOT thanks Zoë. #otalk What occupations does this tend to focus around? Any or mainly food/ body image related?
Tue Feb 18 12:25:28 PST 2014

BillWongOT  
@Girl_Interrupt_ @pd2ot @OT_rach I think lifestyle redesign (an emerging area of MH OT) will be a perfect fit then. #otalk
Tue Feb 18 12:25:30 PST 2014
Zoe_with2dots  @OTalk_Occhat @GeekyOT Anyone working in #eatingdisorders using the EMPSA Assessment tool? I used this a lot in meal prep groups #OTalk
Tue Feb 18 12:25:40 PST 2014

AllisulliOTProf  @kirstyes @OT_rach I think compulsive eating & emotional eating that disrupts health & occupational performance should be our concern #otalk
Tue Feb 18 12:26:15 PST 2014

ivanneary  RT @Michejh: Hi, I'm an OT working in an eating disorders unit, working with adults and adolescents. #OTalk
Tue Feb 18 12:26:20 PST 2014

odhranallen  OT has very valuable role in recovery of people with anorexia. Self care is huge challenge for people with eating disorders... #OTalk
Tue Feb 18 12:26:23 PST 2014

AllisulliOTProf  RT @Girl_Interrupt_: @pixiegirle @eileenhegarty7 @GeekyOT @pd2ot informing individual about DX & psycho-ed is extremely important #eating d...
Tue Feb 18 12:26:27 PST 2014

GeekyOT  @Lara_Stanley I find the Lock & Pin model about interplay between volition, maladaptive habits/impaired skills very useful #OTalk
Tue Feb 18 12:26:35 PST 2014

kirstyes  @eileenhegarty7 @pixiegirle @GeekyOT @pd2ot Hi, what does the psycho-education look like? #otalk
Tue Feb 18 12:26:39 PST 2014

m_egjoy  @GeekyOT @OTalk_Occhat Strategies for working with individuals with EDs #OTalk
Tue Feb 18 12:26:43 PST 2014

AllisulliOTProf  RT @JeSuisLucie: To those that work in ED - how (if at all) does your approach to rapport building differ from in other settings? #OTalk
Tue Feb 18 12:26:50 PST 2014

BillWongOT  @m_egjoy @OTalk_Occhat Welcome! Hopefully I can learn from your perspective. #otalk
Tue Feb 18 12:26:58 PST 2014

melissamiller90  @AmyParkin4 #OTalk An occupation in an inpatient setting I found very powerful was writing a letter to yourself from your body & vice versa
Tue Feb 18 12:27:12 PST 2014

GeekyOT  @Lara_Stanley yes definitely a lot more research needed. I was surprised by how little I could find re OT! #OTalk
Tue Feb 18 12:27:12 PST 2014

pd2ot  RT @odhranallen: I've had the experience of receiving OT when I had anorexia & providing OT service when I worked in an eating disorder uni…
Tue Feb 18 12:27:17 PST 2014
pixiegirlie

@OT_rach bcos anorexia often requires re feeding etc & u can get sectioned if ur lack of eating effects ur cognition #OTalk
Tue Feb 18 12:27:21 PST 2014

kirstyes

RT @AmyParkin4: If anybody has had experience of working in inpatient settings, I would be interested to hear about how you use occupation?…
Tue Feb 18 12:27:23 PST 2014

eileenhegarty7

@pixiegirle @GeekyOT @pd2ot And often clients with ED are barred from groups and put on bed rest which makes it even harder #otalk
Tue Feb 18 12:27:30 PST 2014

Symbolic_Life

RT @odhranallen: OT has very valuable role in recovery of people with anorexia. Self care is huge challenge for people with eating disorder…
Tue Feb 18 12:27:34 PST 2014

kirstyes

RT @OTalk_Occhat: Q3. Have you had a chance to look at the resources on my (@geekyOT's) blog? http://t.co/IMHDBlDev0 What are your thoughts…
Tue Feb 18 12:27:38 PST 2014

marissawylo

MT @odhranallen OT has very valuable role in recovery of people with anorexia. Self care is huge challenge for people with ED #OTalk
Tue Feb 18 12:27:40 PST 2014

Symbolic_Life

RT @AllisulliOTProf: @kirstyes @OT_rach I think compulsive eating & emotional eating that disrupts health & occupational performance should…
Tue Feb 18 12:27:48 PST 2014

AllisulliOTProf

RT @Zoe_with2dots: @kirstyes @GeekyOT I found the biggest barrier is lack of motivation from client, when they perceive more positives to l…
Tue Feb 18 12:27:49 PST 2014

AllisulliOTProf

RT @Girl_Interrupt_: @pd2ot @OT_rach psycho-educating individual about DX & difficulties promotes insight & promotes recovery pathway #eatil…
Tue Feb 18 12:27:54 PST 2014

kirstyes

RT @AllisulliOTProf: @Girl_Interrupt_ @OT_rach great point. Not all EDs have the same symptoms, but I wonder if occupations are similarly d…
Tue Feb 18 12:27:58 PST 2014

GeekyOT

@BillWongOT I'm currently exploring lifestyle redesign and how to apply some of its concepts to working with people with ED #OTalk
Tue Feb 18 12:28:03 PST 2014

Zoe_with2dots

@kirstyes @GeekyOT it can be any. Using occupations to spark that interest in 'life' that they used to have. #OTalk
Tue Feb 18 12:28:06 PST 2014

AllisulliOTProf

RT @GeekyOT: @JeSuisLucie can't think of discernable difference w/ how I build rapport - I get to know/adapt approach to the person in fron…
Tue Feb 18 12:28:07 PST 2014
pd2ot
@kirstyes Not official, no, but increasingly common I'd predict #OTalk
Tue Feb 18 12:28:11 PST 2014

Sarahstudentot
@odhranallen also finding meaningful occupations. I felt that anorexia was my identity and needed something else to focus on #OTalk
Tue Feb 18 12:28:12 PST 2014

AllisulliOTProf
RT @kirstyes: Also, a new one on me in the last couple of weeks. http://t.co/L4fkQoqdxN #otalk Orthorexia Nervosa. Not an official diagnosi...
Tue Feb 18 12:28:14 PST 2014

TinaBelinda
RT @marissawylo: MT @odhranallen OT has very valuable role in recovery of people with anorexia. Self care is huge challenge for people with...
Tue Feb 18 12:28:15 PST 2014

Girl Interrupt_
@odhranallen absolutely #OT could promote learning life skills & rebuilding relationship with food is vital #eating disorders #OTalk
Tue Feb 18 12:28:21 PST 2014

Symbolic_Life
RT @GeekyOT: @Lara_Stanley Lock and Pepin's model of ED has heavily influenced how I conceptualise ED in my work #OTalk
Tue Feb 18 12:28:24 PST 2014

GeekyOT
@Zoe_with2dots I use the Eating and Meal Preparation Skills Assessment tool with all my patients before meal prep group. Thoughts? #OTalk
Tue Feb 18 12:28:42 PST 2014

BillWongOT
@GeekyOT @Lara_Stanley Perhaps you can help advocate for a big RCT to prove OT's effectiveness in ED's. #otalk
Tue Feb 18 12:28:42 PST 2014

odhranallen
OT helps with short goals related to self-care/eating & longer term goals related to wider occupational engagement & occup identity #OTalk
Tue Feb 18 12:28:44 PST 2014

pixiegirle
@OT_rach yep stigma around BED. Bulimia most often goes unnoticed - can b of normal weight #OTalk
Tue Feb 18 12:28:56 PST 2014

Girl Interrupt_
RT @kirstyes: Also, a new one on me in the last couple of weeks. http://t.co/L4fkQoqdxN #otalk Orthorexia Nervosa. Not an official diagnosi...
Tue Feb 18 12:29:10 PST 2014

GeekyOT
@Lara_Stanley hmm that was meant to say "Lock and Pepin" - not sure what happened there! #OTalk
Tue Feb 18 12:29:12 PST 2014

pd2ot
RT @eileenhegarty7: @pixiegirle @GeekyOT @pd2ot And often clients with ED are barred from groups and put on bed rest which makes it even ha...
Tue Feb 18 12:29:13 PST 2014
m_egjoy
@pixiegirle @eileenhegarty7 @GeekyOT @pd2ot I've found that if individual doesn't recognize they have an ED it can be hard to talk #OTalk
Tue Feb 18 12:29:17 PST 2014

Symbolic_Life
RT @odhranallen: OT helps with short goals related to self-care/eating & longer term goals related to wider occupational engagement & occup...
Tue Feb 18 12:29:23 PST 2014

Zoe_with2dots
@kirstyes @GeekyOT Aiming for client to begin engaging in occupations which eventually become more important than eating disorder #OTalk
Tue Feb 18 12:29:34 PST 2014

MitalOT
@BillWongOT @OTalk_Occhat Ok that makes sense! Sorry I'm a Londoner...you have to spell things out :) #OTalk
Tue Feb 18 12:29:42 PST 2014

AllisulliOTProf
RT @pixiegirle: @OT_rach yep stigma around BED. Bulimia most often goes unnoticed - can b of normal weight #OTalk
Tue Feb 18 12:29:43 PST 2014

kirstyes
@Zoe_with2dots @GeekyOT is a cognitive-behavioural frame of reference often used? Or DBT? Or?? #otalk
Tue Feb 18 12:29:45 PST 2014

Sharrow_ie
RT @odhranallen: OT helps with short goals related to self-care/eating & longer term goals related to wider occupational engagement & occup...
Tue Feb 18 12:29:49 PST 2014

BillWongOT
@GeekyOT Perhaps u can ask someone like Karen McNulty. She worked in the USC OT Faculty Practice for a few yrs b4 moving to Ireland. #otalk
Tue Feb 18 12:29:51 PST 2014

OTalk_Occhat
Q4. How might an #eatingdisorder impact on a person's everyday occupations? #OTalk #EDAW14
Tue Feb 18 12:30:15 PST 2014

pd2ot
@eileenhegarty7 @pixiegirle @GeekyOT that mirrors my experience, makes it very hard to find authentic occupations #OTalk
Tue Feb 18 12:30:18 PST 2014

eileenhegarty7
@BillWongOT @pixiegirle @GeekyOT @pd2ot :) I guess for me I just realised myself I'm actually engaging clients at this level. #otalk
Tue Feb 18 12:30:20 PST 2014

OT_rach
@eileenhegarty7 @pixiegirle @GeekyOT @pd2ot I have found this! Bring the occupation/activity to there bed? #otalk
Tue Feb 18 12:30:23 PST 2014

pd2ot
RT @OTalk_Occhat Q4. How might an #eatingdisorder impact on a person's everyday occupations? #OTalk #EDAW14
Tue Feb 18 12:30:40 PST 2014
Perhaps also a future occupational identity not always a past occupational life

where I work, our main frame of reference is motivational interviewing

Even though anorexia isn't about food OT can help by equipping the person with food management skills including shopping, cooking

why an occupation-based approach is so important re bulimia. Even tho wt is stable, occupations are in crisis

I've found that If individual doesn't recognize they have an ED it can be hard to…

I've seen cognitive behavioural used most commonly in pure ED services

I could you elucidate a bit on how bulimia might impact on occupation?

have also come across concern that wanting to engage in activities as a way use Energy,

Also important to give hope to recovery
Q4. How might an eating disorder impact on a person's everyday occupations? #OTalk #EDAW14

T4 An ED could impact every aspect of a person's occupations - whether it be physical or psychosocial #OTalk

What's your thoughts on cycle of change? #OTalk

Learning stress (or even distress) management related to self care/eating is very helpful for people with anorexia #OTalk

building self-esteem and confidence, positive thinking, managing your moods, etc. #otalk

as a pt (acute ward) my choices of occupation weren't challenged (cooking/sport) #OTalk

Why an occupation-based approach is so important re bulimia. Even tho wt is stable, occupations a...

Motivational interviewing was our main approach, would also use CBT/DBT but big focus on MI #OTalk

1/2 In my sport world, I've seen people become "obsessed" with certain occupations such as eating and exercising #OTalk

I'm not sure! It's on wall in our EDU kitchen. "Instead of this... think of saying this..." (I think!) #OTalk
BillWongOT @eileenhegarty7 @pixiegirle @GeekyOT @pd2ot so I am assuming that one thing I can use probably is motivational interviewing. #otalk
Tue Feb 18 12:33:21 PST 2014

pixiegirle @GeekyOT @AllisulliOTProf @OT_rach when ur bingeing 6 times a day & take s u over an hour 2 vomit everyth evrytime! #OTalk
Tue Feb 18 12:33:22 PST 2014

m_egjoy @OTalk_Occhat 2/2 and ignore other occupations such as school, relationships, self care etc. #OTalk
Tue Feb 18 12:33:31 PST 2014

BillWongOT RT @AllisulliOTProf @pixiegirle @OT_rach why an occupation-based approach is so important re bulimia. Even tho wt is stable, occupations a…
Tue Feb 18 12:33:33 PST 2014

kirstyes @OT_rach @pixiegirle I guess because is considered less of an emergency in relation to health? Not that I necessarily agree #otalk
Tue Feb 18 12:33:51 PST 2014

Girl_Interrupt_ @OTalk_Occhat they adjust their habits/routines to conceal their #eatingdisorder but eventually it destroys functioning #OTalk
Tue Feb 18 12:33:52 PST 2014

Symbolic_Life #otalk as I'm not clued up on ED and just lurking- I'm wondering if a ED is classed as a occupation in itself maybe a Dark Occ? @GeekyOT
Tue Feb 18 12:34:00 PST 2014

odhranallen @Sarahstudentot totally agree. I didn't see beyond food weight & my fears. Recovery is about seeing bigger picture of self & life #OTalk
Tue Feb 18 12:34:03 PST 2014

OT_rach @pd2ot @eileenhegarty7 @pixiegirle @GeekyOT interesting! #OTalk it was not #ot's that questioned choice, but something to consider?
Tue Feb 18 12:34:12 PST 2014

kirstyes RT @GeekyOT: @Lara_Stanley Lock and Pepin's model of ED has heavily influenced how I conceptualise ED in my work #OTalk
Tue Feb 18 12:34:14 PST 2014

robbrooks_uk @OT_rach @eileenhegarty7 @pixiegirle @GeekyOT @pd2ot It is important we articulate health through occupation "#OTalk
Tue Feb 18 12:34:24 PST 2014

eileenhegarty7 @m_egjoy @pixiegirle @GeekyOT @pd2ot This really reflects my experience #otalk
Tue Feb 18 12:34:24 PST 2014

pixiegirle @m_egjoy @eileenhegarty7 @GeekyOT @pd2ot v prescriptive - made by profs 4profs who want to fit pts in boxes! Does nt reflect my exp #OTalk
Tue Feb 18 12:34:28 PST 2014
Zoe_with2dots @robbrooks_uk @kirstyes @GeekyOT Yes! Lots cannot remember past identity before the #EatingDisorder so need to develop new one #OTalk
Tue Feb 18 12:34:30 PST 2014

AllisulliOTProf @kirstyes @Zoe_with2dots @GeekyOT seen research re both CBT & DBT used to address tx of ED. Lifestyle Redesign may be helpful too #otalk
Tue Feb 18 12:34:39 PST 2014

AllisulliOTProf RT @OTalk_Occhat: Q4. How might an #eatingdisorder impact on a person's everyday occupations? #OTalk #EDAW14
Tue Feb 18 12:34:47 PST 2014

Sarahstudentot Most of my occupations in depths of Ed were focused on food and exercise they were all tied to my #ed #OTalk
Tue Feb 18 12:34:49 PST 2014

pd2ot MT @Girl_Interrupt_ @OTalk_Occhat they adjust their habits/routines to conceal their #ED but eventually it destroys functioning #OTalk
Tue Feb 18 12:34:51 PST 2014

GeekyOT @odhranallen agree. In Lock & Pepin's model, talk about impaired stress management in response to social and occupational demands #OTalk
Tue Feb 18 12:34:55 PST 2014

marissawylo @Symbolic_Life @GeekyOT Out of curiosity, where did the term "dark occupation" come from? #OTalk
Tue Feb 18 12:35:03 PST 2014

AllisulliOTProf RT @GeekyOT: @kirstyes @Zoe_with2dots where I work, our main frame of reference is motivational interviewing #OTalk
Tue Feb 18 12:35:03 PST 2014

pd2ot RT @Sarahstudentot! Most of my occupations in depths of Ed were focused on food and exercise they were all tied to my #ed #OTalk
Tue Feb 18 12:35:04 PST 2014

m_egjoy @AllisulliOTProf @pixiegirlre @eileenhegarty7 @GeekyOT @pd2ot One problem with stages of change is it's not always a pretty cycle #OTalk
Tue Feb 18 12:35:06 PST 2014

melissamiller90 @AmyParkin4 No problem :) I spent a brief time shadowing in this setting in prep for my dis and I had a read of some - eye-opening! #OTalk
Tue Feb 18 12:35:09 PST 2014

BillWongOT RT @GeekyOT: @kirstyes @Zoe_with2dots where I work, our main frame of reference is motivational interviewing #OTalk
Tue Feb 18 12:35:09 PST 2014

BillWongOT @GeekyOT @kirstyes @Zoe_with2dots I think you just answered your question about lifestyle redesign. It uses a lot of MI. #otalk
Tue Feb 18 12:35:31 PST 2014
AllisulliOTProf: RT @pd2ot: @OT_rach as a pt (acute ward) my choices of occupation weren’t challenged (cooking/sport) #OTalk @eileenhegarty7 @pixiegirle @Ge... Tue Feb 18 12:35:32 PST 2014

AllisulliOTProf: RT @Zoe_with2dots: @GeekyOT @kirstyes yes Motivational interviewing was our main approach, would also use CBT/DBT but big focus on MI #OTalk Tue Feb 18 12:35:34 PST 2014

Symbolic_Life: @kirstyes @OT_rach @pixiegirle it's a shame because can impact health issues just as much. #OTalk Tue Feb 18 12:35:36 PST 2014

GeekyOT: @Symbolic_Life good question - has everyone read @pd2ot’s blog post about self defeating meaningful occupation? #OTalk Tue Feb 18 12:35:37 PST 2014

AllisulliOTProf: RT @m_egjoy: @OTalk_Occhat 1/2 In my sport world, I've seen people become "obsessed" with certain occupations such as eating and exercising... Tue Feb 18 12:35:42 PST 2014

BillWongOT: RT @odhranallen: Even though anorexia isn't about food OT can help by equipping the person with food management skills including shopping,... Tue Feb 18 12:35:46 PST 2014

pixiegirle: @AllisulliOTProf @m_egjoy @eileenhegarty7 @GeekyOT @pd2ot i disagree - doesn't reflect evry1s experience if recovery! #OTalk Tue Feb 18 12:35:57 PST 2014

m_egjoy: @pixiegirle @eileenhegarty7 @GeekyOT @pd2ot Do you think their is a better model or FoR to work from? #OTalk Tue Feb 18 12:35:58 PST 2014

AllisulliOTProf: RT @m_egjoy: @GeekyOT @AllisulliOTProf @OT_rach when ur bingeing 6 times a day & take s u over an hour 2 vomit everything up everytime! ... Tue Feb 18 12:36:01 PST 2014

AllisulliOTProf: RT @m_egjoy: @OTalk_Occhat 2/2 and ignore other occupations such as school, relationships, self care etc. #OTalk Tue Feb 18 12:36:07 PST 2014

Lara_Stanley: @m_egjoy I think cycle of change makes ED seem like they are an addiction-lots of arguments for & against this way of looking at ED #OTalk Tue Feb 18 12:36:08 PST 2014

Girl Interrupt_: @Zoe_with2dots @robbrooks_uk @kirstyes @GeekyOT finding new self is challenging, many don’t like the journey of self actualisation #OTalk Tue Feb 18 12:36:09 PST 2014

AllisulliOTProf: RT @kirstyes: @OT_rach @pixiegirle I guess because is considered less of an emergency in relation to health? Not that I necessarily agree #... Tue Feb 18 12:36:19 PST 2014
AllisulliOTProf: RT @Girl_Interrupt_: @OTalk_Occhat they adjust their habits/routines to conceal their #eatingdisorder but eventually it destroys functionin… Tue Feb 18 12:36:22 PST 2014

kirstyes: @odhranallen Thanks for sharing. I think awareness is growing that ED affects people of all genders. Are units gender neutral? #otalk Tue Feb 18 12:36:22 PST 2014

OT_rach: @robbrooks_uk @eileenhegarty7 @pixiegirle @GeekyOT @pd2ot interesting question! But Is sometime engagement in occupation an escape? #otalk Tue Feb 18 12:36:24 PST 2014

odhranallen: @Girl_Interrupt_ I yeah relationship with food reflective of relationship with self. OT can help by exploring occupational identity #OTalk Tue Feb 18 12:36:26 PST 2014

AllisulliOTProf: RT @Symbolic_Life: #otalk as I’m not clued up on ED and just lurking- I’m wondering if a ED is classed as a occupation in itself maybe a Da… Tue Feb 18 12:36:27 PST 2014

Symbolic_Life: @GeekyOT @pd2ot I so have- a wonderful blog! A must read. PD2OT I should link this to my blog for you? #OTalk Tue Feb 18 12:36:32 PST 2014

AllisulliOTProf: RT @odhranallen: @Sarahstudentot totally agree. I didn’t see beyond food weight & my fears. Recovery is about seeing bigger picture of self… Tue Feb 18 12:36:43 PST 2014

AllisulliOTProf: RT @OT_rach: @pd2ot @eileenhegarty7 @pixiegirle @GeekyOT interesting! #OTalk it was not #ot’s that questioned choice, but something to con… Tue Feb 18 12:36:43 PST 2014

Michejh: Before u can recover think need 2 replace ED with something bigger something more important, otherwise u just take away a safety net #OTalk Tue Feb 18 12:36:54 PST 2014

kirstyes: RT @AllisulliOTProf: @kirstyes @OT_rach I think compulsive eating & emotional eating that disrupts health & occupational performance should… Tue Feb 18 12:36:58 PST 2014

Zoe_with2dots: @GeekyOT ..also Meal Prep group was most challenging too I think this is why people benefitted so much as they were not able to avoid #OTalk Tue Feb 18 12:37:03 PST 2014

kirstyes: @AllisulliOTProf @OT_rach Agree. #otalk Tue Feb 18 12:37:08 PST 2014

m_egjoy: @Lara_Stanley I think there are similar features between ED and addiction. Not the same but similar #OTalk Tue Feb 18 12:37:23 PST 2014
kirstyes

RT @melissamiller90: @AmyParkin4 #OTalk An occupation in an inpatient setting I found very powerful was writing a letter to yourself from y…
Tue Feb 18 12:37:26 PST 2014

BillWongOT

RT @odhranallen: @Girl Interrupt_ I yeah relationship with food reflective of relationship with self. OT can help by exploring occupational…
Tue Feb 18 12:37:26 PST 2014

BillWongOT

@odhranallen @Girl Interrupt_ good one! #otalk
Tue Feb 18 12:37:36 PST 2014

Symbolic_Life

@MitalOT @BillWongOT @OTalk_Occhat haha lost in translation #otalk
Tue Feb 18 12:37:44 PST 2014

pixiegirl

@m_egioy @eileenhegarty7 @GeekyOT @pd2ot i know many other pts who dont like it 2, but not aware iff top if head re another midel #OTalk
Tue Feb 18 12:37:45 PST 2014

BillWongOT

RT @kirstyes: @odhranallen Thanks for sharing. I think awareness is growing that ED affects people of all genders. Are units gender neutral…
Tue Feb 18 12:37:45 PST 2014

BillWongOT

RT @Girl Interrupt_: @Zoe_with2dots @robbrooks_uk @kirstyes @GeekyOT finding new self is challenging, many don’t like the journey of self a…
Tue Feb 18 12:37:59 PST 2014

OTalk_Occhat

Q5. How could #occupationaltherapy contribute to recovery from #eatingdisorders? Have you got any (confidential) examples to share? #OTalk
Tue Feb 18 12:38:01 PST 2014

kirstyes

@pd2ot Yes, I think so too #otalk
Tue Feb 18 12:38:01 PST 2014

Sarahstudentot

@Michejh very true finding things to replace the ed with was so important in my recovery #OTalk
Tue Feb 18 12:38:01 PST 2014

pd2ot

@Michejh I really relate to that, it can be so hard to find that replacement though, especially when consumed by the eating disorder #OTalk
Tue Feb 18 12:38:04 PST 2014

OT_rach

RT @odhranallen: @Girl Interrupt_ I yeah relationship with food reflective of relationship with self. OT can help by exploring occupational…
Tue Feb 18 12:38:09 PST 2014

Fireflybyleckey

#OTalk #cpchatnow You guys might like to check out this online seminar http://t.co/HCDZgp0qNz
Tue Feb 18 12:38:25 PST 2014

Symbolic_Life

@GeekyOT @BillWongOT would you say new occupations are to be discovered for persons with ED? Distraction? Just wondering #OTalk
@Sarahstudentot! Are you able to share some of the things that helped you? @Michejh #OTalk

@Girl_Interrupt_ @Zoe_with2dots @robbrooks_uk @kirstyes @GeekyOT I wonder if finding a person overcame similar challenges can help. #otalk

@Michejh: Before u can recover think need 2 replace ED with something bigger something more important, otherwise u just take away a safe…

@m_egjoy I've heard that too #OTalk

@GeekyOT hahaha #OTalk

@m_egjoy @eileenhegarty7 @GeekyOT @pd2ot its vmuch bout profs saying i think u r here u nd 2 do this 2 get 2 there not clientcentred #OTalk

@Sarahstudentot! Yes, see this a lot. Also clients can truly believe that they enjoy i.e. running for 2 hours everyday. #OTalk

#OTalk RT @ilonacatherine: @GeekyOT @marissawylo Is it this? From a Marie Claire article I did! http://t.co/I4t8bynt6G

@Michejh Agreed! But it's finding that big enough replacement occupation #OTalk

@GeekyOT where I work, our main frame of reference is motivational interviewing #OTalk

@Sarahstudentot: through finding meaningful occupations, achieving occupational balance #OTalk

RT @robbrooks_uk: @Michejh Agreed! But it's finding that big enough replacement occupation #OTalk
BillWongOT: RT @Michejh: Before u can recover think need 2 replace ED with something bigger something more important, otherwise u just take away a safe…
Tue Feb 18 12:40:02 PST 2014

AllisulliOTProf: @pixiegirle @GeekyOT @OT_rach also time spent hiding disorder from others, health affects of purging usually leading to dental probs #otalk
Tue Feb 18 12:40:03 PST 2014

BillWongOT: RT @pixiegirle: @m_egjoy @eileenhegarty7 @GeekyOT @pd2ot its vmych bout profs saying i think u r here u nd 2 do this 2 get 2 there not clie…
Tue Feb 18 12:40:18 PST 2014

eileenhegarty7: @Michejh I think we are focused only on bringing the person's weight up without dealing with any of the under-lying problems #otalk
Tue Feb 18 12:40:22 PST 2014

odhranallen: @kirstyes depends on whether service is public or private. Usually mixed in private & linked to mixed adolescent unit #OTalk
Tue Feb 18 12:40:22 PST 2014

Symbolic_Life: RT @OTalk_Occhat: Q5. How could #occupationaltherapy contribute to recovery from #eatingdisorders? Have you got any (confidential) examples…
Tue Feb 18 12:40:27 PST 2014

Girl_Interrupt_: @m_egjoy @Lara_Stanley as a lived expert I don't agree, perhaps *obsessional* is a better blame reducing description #eatingdisorder #OTalk
Tue Feb 18 12:40:41 PST 2014

Symbolic_Life: RT @Michejh: Before u can recover think need 2 replace ED with something bigger something more important, otherwise u just take away a safe…
Tue Feb 18 12:40:43 PST 2014

juliewintrup: Top tips for health students from twitter friends http://t.co/S735tGqYR4 #storify #nhssm #otalk
Tue Feb 18 12:41:05 PST 2014

pd2ot: @eileenhegarty7 Yes! And it just shifts the focus to a different obsession with food @Michejh #OTalk
Tue Feb 18 12:41:11 PST 2014

GeekyOT: @Symbolic_Life @BillWongOT I think finding adaptive and meaningful occupations is vital! #OTalk
Tue Feb 18 12:41:19 PST 2014

kirstyes: @Michejh @GeekyOT @Sarahstudentot @Zoe_with2dots can imagine CBT's quite challenging. Is DBT less so? #otalk Mindfulness approach interesting
Tue Feb 18 12:41:30 PST 2014

m_egjoy: @OTalk_Occhat Exploring what meaning the ED has for the Ct and where they may be able to find new meaning through other activities #OTalk
Tue Feb 18 12:41:52 PST 2014
pixiegirle @eileenhegarty7 @Michejh yep big mistake - ppl r ppl not just a body! #OTalk
Tue Feb 18 12:41:34 PST 2014

Lara_Stanley @OTalk_Occhat maybe thinking about the ED as influencing occs not jst related to eating or exercise-being 'holistic' #Otalk
Tue Feb 18 12:41:41 PST 2014

robbrooks_uk @OTalk_Occhat I think its all about constructing a different occupational identity #OTalk
Tue Feb 18 12:41:43 PST 2014

Michejh Yeah I think that is why people need 2 b supported through recovery, it is not a quick fix, so need t build r.ship & b there #OTalk
Tue Feb 18 12:41:51 PST 2014

GeekyOT @kirstyes I read interesting chapter about anorexia as disorder of inflexible thinking. mindfulness assoc with incr flexibility. #OTalk
Tue Feb 18 12:42:02 PST 2014

eileenhegarty7 RT @pd2ot: @eileenhegarty7 Yes! And it just shifts the focus to a different obsession with food @Michejh #OTalk
Tue Feb 18 12:42:09 PST 2014

GeekyOT RT @m_egjoy: @OTalk_Occhat Exploring what meaning the ED has for the Ct and where they may be able to find new meaning through other activ…
Tue Feb 18 12:42:14 PST 2014

pd2ot @GeekyOT and understanding function of eating disorded occupations? @Symbolic_Life @BillWongOT #OTalk
Tue Feb 18 12:42:19 PST 2014

Symbolic_Life RT @GeekyOT: @kirstyes I read interesting chapter about anorexia as disorder of inflexible thinking. mindfulness assoc with incr flexibilit…
Tue Feb 18 12:42:24 PST 2014

AllisulliOTProf @pixiegirle @GeekyOT @pd2ot I agree it should not be the sole FOR but worth considering if client is not action-ready #otalk
Tue Feb 18 12:42:28 PST 2014

OT_rach #OTalk interesting in those who are really under weights perception of themselves i.e. thinking they're obese! delusion? Or something else
Tue Feb 18 12:42:29 PST 2014

eileenhegarty7 RT @pixiegirle: @eileenhegarty7 @Michejh yep big mistake - ppl r ppl not just a body!
#OTalk
Tue Feb 18 12:42:30 PST 2014

Sarahstudentot @pd2ot @Michejh 2/2 at something another than an #ed it gave me a sense of achievement #OTalk
Tue Feb 18 12:42:35 PST 2014
pixiegirl

@GeekyOT @Symbolic_Life @BillWongOT v hard wen ur whole life is dominated by not eating - no energy cant think straight #OTalk
Tue Feb 18 12:42:47 PST 2014

GeekyOT

@pd2ot @Symbolic_Life @BillWongOT yes definitely - think that bit needs to come first! #OTalk
Tue Feb 18 12:42:59 PST 2014
#OTalk trancript

Healthcare Social Media Transcript

From: Tue Feb 18 12:00:00 PST 2014
To: Wed Feb 19 13:15:00 PST 2014

What is #OTalk? Who were the influencers during this time period? #OTalk analytics

Healthcare Conference - Healthcare Tweet Chats - Healthcare Analytics

spotlight_ot RT @GeekyOT: #OTalk RT @ilonacatherine: @GeekyOT @marissawylo Is it this? From a Marie Claire article I did! http://t.co/I4t8bynt6G
Tue Feb 18 12:43:06 PST 2014

Symbolic_Life @pd2ot @GeekyOT @BillWongOT would you need to match the function to the new occupation? #OTalk #Learning
Tue Feb 18 12:43:07 PST 2014

pd2ot RT @Sarahstudentot: @pd2ot @ Michejh 2/2 at something another than an #ed it gave me a sense of achievement #OTalk
Tue Feb 18 12:43:13 PST 2014

Zoe_with2dots @Michejh @pd2ot Absolutely! There needs to be a shift in regards to what is seen as important & this can be a subtle shift initially #OTalk
Tue Feb 18 12:43:29 PST 2014

pd2ot @Sarahstudentot thanks for sharing :) #OTalk @Michejh
Tue Feb 18 12:43:33 PST 2014

eileenhegarty7 @pixiegirle @GeekyOT @Symbolic_Life @BillWongOT Interesting - never thought about how ED could affect concentration #otalk
Tue Feb 18 12:43:44 PST 2014

BillWongOT RT @juliewintrup: Top tips for health students from twitter friends http://t.co/S735tGqYR4 #storify #nhssm #otalk
Tue Feb 18 12:43:48 PST 2014

kirstyes @marissawylo @Symbolic_Life @GeekyOT - @RebeccaTwinley Sorry can't remember did you coin this term or can you say who did? #otalk
Tue Feb 18 12:43:51 PST 2014
marissawylo
T5 Using a holistic POV. Completed an obesity module and found that many factors impacting occupation were out of client control #OTalk
Tue Feb 18 12:43:54 PST 2014

Michejh
@eileenhegarty7 sorry, think that is problem, weight not main problem just consequence of underlying problems #OTalk
Tue Feb 18 12:44:08 PST 2014

pixiegirl
@robbrooks_uk @OTalk_Occhat not for me - my identity is stable! I needed help to reclaim my occupational identity! #OTalk
Tue Feb 18 12:44:11 PST 2014

BillWongOT
@eileenhegarty7 @pixiegirl @GeekyOT @Symbolic_Life me either. Then again, I thought that can be part of occupational performance. #otalk
Tue Feb 18 12:44:22 PST 2014

BillWongOT
RT @marissawylo: T5 Using a holistic POV. Completed an obesity module and found that many factors impacting occupation were out of client c…
Tue Feb 18 12:44:39 PST 2014

Girl_Interrupt_
@OTalk_Occhat learning to shop & cook healthily graded exposure, promoting new relationships with food is basics #eatingdisorder #OTalk
Tue Feb 18 12:44:53 PST 2014

juliewintrup
Top tips for health students from twitter friends http://t.co/S735tGqYR4 #storify #nhssm #otalk
Tue Feb 18 12:44:58 PST 2014

melissamiller90
@GeekyOT #OTalk Do you think certain occupations have a negative effect on body image and/or the development of EDs? If so, which? #thoughts
Tue Feb 18 12:45:04 PST 2014

BillWongOT
@marissawylo Yes, that's another reason why I think lifestyle redesign is perfect for ED's. #otalk
Tue Feb 18 12:45:06 PST 2014

eileenhegarty7
@Michejh yes, that could be why we find it difficult to engage people in therapy #otalk
Tue Feb 18 12:45:10 PST 2014

Symbolic_Life
@kirstyes @marissawylo @GeekyOT @RebeccaTwinley I just know it from RT and @morrisKOT BAOT debate. #OTalk
Tue Feb 18 12:45:13 PST 2014

kirstyes
Considering therapeutic use of self what impact do you think the therapist's body image (perception of others) has? #otalk
Tue Feb 18 12:45:14 PST 2014

GeekyOT
@kirstyes @marissawylo @Symbolic_Life I'm assuming this is a reference to @RebeccaTwinley's work on the dark side of occupation? #OTalk
Tue Feb 18 12:45:19 PST 2014
Sarahstudentot @kirstyes @Michejh @GeekyOT @Zoe_with2dots #dbt was more beneficial taught me to deal with emot that were often tied up to behav #OTalk
Tue Feb 18 12:45:19 PST 2014

pixiegirle @eileenhegarty7 @GeekyOT @Symbolic_Life @BillWongOT yep concentration, reasoning & decision making can b impaired #OTalk
Tue Feb 18 12:45:28 PST 2014

pd2ot @Symbolic_Life for me that was crucial - mirroring the 'good bits' like agency/accomplishment in healthier occ @GeekyOT @BillWongOT #OTalk
Tue Feb 18 12:45:30 PST 2014

MitalOT @kirstyes @GeekyOT #otalk would the cbt and dbt work on short term units? from my experience CBT generally requires 1-2 weeks minimum
Tue Feb 18 12:45:49 PST 2014

pd2ot RT @kirstyes Considering therapeutic use of self what impact do you think the therapist's body image (perception of others) has? #otalk
Tue Feb 18 12:45:51 PST 2014

BillWongOT RT @OT_rach: #OTalk interesting in those who are really under weights perception of themselves i.e. thinking they're obese! delusion? Or so...
Tue Feb 18 12:46:06 PST 2014

pd2ot @kirstyes great question! #OTalk
Tue Feb 18 12:46:09 PST 2014

Sarahstudentot @kirstyes @Michejh @GeekyOT @Zoe_with2dots also with CBT very hard to change thinking you may have had for years #OTalk
Tue Feb 18 12:46:13 PST 2014

kirstyes RT @Michejh: Before u can recover think need 2 replace ED with something bigger something more important, otherwise u just take away a safe...
Tue Feb 18 12:46:14 PST 2014

TurkiAljuhanii RT @OT_rach: @GeekyOT how occupation can help, where does ED sit in terms of affective or psychosis disorders (for want of a better word) …
Tue Feb 18 12:46:20 PST 2014

AllisulliOTProf RT @pd2ot: RT @kirstyes Considering therapeutic use of self what impact do you think the therapist's body image (perception of others) has?…
Tue Feb 18 12:46:22 PST 2014

m_egjoy @Girl Interrupt_ @Lara_Stanley I would agree there. I do think that addiction has aspects of obsession. That's where I see as similar #OTalk
Tue Feb 18 12:46:28 PST 2014

BillWongOT @OT_rach sometimes girls who are models can think that way. They don't want to get above a certain waist size. #otalk
Tue Feb 18 12:46:43 PST 2014
pixiegirle @GeekyOT @kirstyes yep but mindfulness that focuses solely on body & body parts = not app always can make ppl more aware of bodies! #OTalk
Tue Feb 18 12:46:48 PST 2014

GeekyOT @melissamiller90 are you asking if some occupations may put people at increased risk of developing ED if vulnerable? #OTalk
Tue Feb 18 12:46:48 PST 2014

OT_rach @kirstyes good question #OTalk
Tue Feb 18 12:46:49 PST 2014

BillWongOT RT @pixiegirle: @GeekyOT @kirstyes yep but mindfulness that focuses solely on body & body parts = not app always can make ppl more aware of…
Tue Feb 18 12:47:25 PST 2014

kirstyes RT @GeekyOT: @kirstyes I read interesting chapter about anorexia as disorder of inflexible thinking. mindfulness assoc with incr flexibilit…
Tue Feb 18 12:47:30 PST 2014

Ermintrude2 RT @juliewintrup: Top tips for health students from twitter friends http://t.co/S735tGqYR4 #storify #nhssm #otalk
Tue Feb 18 12:47:46 PST 2014

Zoe_with2dots @OTalk_Occhat where I worked pts cooked all their own meals, this helped them take responsibility as no none else was ‘feeding’ them #OTalk
Tue Feb 18 12:47:48 PST 2014

Symbolic_Life @eileenhegarty7 @pixiegirle @GeekyOT @BillWongOT me either it's very interesting to think of the relationship #OTalk
Tue Feb 18 12:47:49 PST 2014

missyjones2012 @OT_rach you don't have to be underweight to have that mindset #bodydismorphia #OTalk #ED
Tue Feb 18 12:47:57 PST 2014

kirstyes @pixiegirle @GeekyOT thanks both, good points and note of caution. #otalk
Tue Feb 18 12:47:59 PST 2014

GeekyOT @kirstyes I think it's important for professionals to understand their own relationship with food & their body #OTalk
Tue Feb 18 12:48:00 PST 2014

marissawylo @OT_rach I've heard this is quite common. But everyone, including those without ED, have misperceptions about themselves #OTalk
Tue Feb 18 12:48:12 PST 2014

eileenhegarty7 @pd2ot @kirstyes Huge, if you react to the person's body and not to them as a whole person #otalk
Tue Feb 18 12:48:18 PST 2014
@pixiegirle @eileenhegarty7 @GeekyOT @pd2ot I'm thinking the MOHO would fit well. Looking at motivation, volition, habits #OTalk
Tue Feb 18 12:48:19 PST 2014

@Sarahstudentot @kirstyes @Michejh @GeekyOT @Zoe_with2dots As there is a saying, old habits die hard. #otalk
Tue Feb 18 12:48:48 PST 2014

@AllisulliOTProf @pixiegirle @GeekyOT @pd2ot Do you have key authors for cycles/stages of change please? #otalk
Tue Feb 18 12:48:49 PST 2014

@pd2ot @kirstyes I think it is the therapists own body image w re therapeutic use of self is a huge factor in tx of ppl regardless #otalk
Tue Feb 18 12:48:54 PST 2014

@kirstyes a lot - i dont think im a goid role model for recovery so wont work with eds. Wuld make me relapse too #OTalk
Tue Feb 18 12:48:59 PST 2014

RT @GeekyOT: @kirstyes I think it's important for professionals to understand their own relationship with food & their body #OTalk
Tue Feb 18 12:49:00 PST 2014

@odhranallen learning to love & care for self is biggest challenge one will ever face #eatingdisorders #OTalk
Tue Feb 18 12:49:10 PST 2014

RT @missyjones2012: @OT_rach you don't have to be underweight to have that mindset #bodydismorphia #OTalk #ED
Tue Feb 18 12:49:16 PST 2014

RT @missyjones2012: @OT_rach you don't have to be underweight to have that mindset #bodydismorphia #OTalk #ED
Tue Feb 18 12:49:27 PST 2014

@m_egjoy agree. volition is so important when it comes to working in ED #OTalk
Tue Feb 18 12:49:42 PST 2014

@Zoe_with2dots and presumably much more transferable to 'real life' following treatment? @OTalk_Occhat #OTalk
Tue Feb 18 12:49:43 PST 2014

@Sarahstudentot @kirstyes @Michejh @GeekyOT Agree changing thoughts is hard, mindfulness great as encourages acceptance not change #OTalk
Tue Feb 18 12:49:44 PST 2014

RT @AllisulliOTProf: @pd2ot @kirstyes I think it is the therapists own body image w re to therapeutic use of self is a huge factor in tx of...
Tue Feb 18 12:49:55 PST 2014
eileenhegarty7  @GeekyOT @kirstyes Yes, I'm very prone to emotional eating #otalk
Tue Feb 18 12:50:09 PST 2014

pixiegirlie  @m_egjoy @eileenhegarty7 @GeekyOT @pd2ot yep it wuld look at physical restrictions of ed too ie fatigue #OTalk
Tue Feb 18 12:50:10 PST 2014

emilybodez  @kirstyes this could have a huge impact! especially 4 those who rpartic vulnerable think of impact mothers can have on children? #OTalk
Tue Feb 18 12:50:21 PST 2014

OT_rach  @missyjones2012 very true, equally you can be obese! I'm not fully accept/ have that body image in your head #otalk
Tue Feb 18 12:50:23 PST 2014

melissamiller90  @GeekyOT Yes, and where we should go as OTs to promote engagement in meaningful occupations along with promoting safety/recovery #OTalk
Tue Feb 18 12:50:24 PST 2014

BillWongOT  @pixiegirlie @kirstyes I think you can. You just need an OT who can support and believe in you to maximize this potential. #otalk
Tue Feb 18 12:50:30 PST 2014

pd2ot  Just 10 minutes left of our #OTalk tonight - time is flying!
Tue Feb 18 12:50:47 PST 2014

kirstyes  @missyjones2012 @OT_rach I wonder if body dysmorphia and ED co-occurring? Or is body dysmorphia a separate condition entirely #otalk
Tue Feb 18 12:50:51 PST 2014

llewsadventure  RT @Fireflybyleckey: #OTalk #cpchatnow You guys might like to check out this online seminar http://t.co/HCDZgp0qNz
Tue Feb 18 12:51:03 PST 2014

Symbolic_Life  RT @kirstyes: @missyjones2012 @OT_rach I wonder if body dysmorphia and ED co-occurring? Or is body dysmorphia a separate condition entirely…
Tue Feb 18 12:51:22 PST 2014

pixiegirlie  @Sarahstudentot @kirstyes @Michejh @GeekyOT @Zoe_with2dots acceptance & commitment therapy my fav - incorporates mindfulness #OTalk
Tue Feb 18 12:51:23 PST 2014

Zoe_with2dots  @pd2ot @OTalk_Occhat Definitely & encourages client to develop a healthy relationship with food, maybe even enjoy preparing the food #OTalk
Tue Feb 18 12:51:23 PST 2014

eileenhegarty7  @Girl_Interrupt_ @odhranallen I think this could apply to all of us #otalk
Tue Feb 18 12:51:24 PST 2014

BillWongOT  @pixiegirlie @kirstyes also, I think the good and experiences along the way will help you become a better OT for these people. #otalk
odhranallen
@GeekyOT @kirstyes yeah thinking distortions one of biggest challenges in working with people with EDs #OTalk
Tue Feb 18 12:51:33 PST 2014

BillWongOT
@pixiegirle @kirstyes also, I think the good and bad experiences along the way will help you become a better OT for these people. #otalk
Tue Feb 18 12:51:45 PST 2014

nurte281
@eileenhegarty7 @pd2ot @kirstyes a significant amount. How can u expect client to respect their body if you don’t respect yours? #otalk
Tue Feb 18 12:51:53 PST 2014

kirstyes
RT @melissamiller90: @GeekyOT #OTalk Do you think certain occupations have a negative effect on body image and/or the development of EDs? I...
Tue Feb 18 12:52:01 PST 2014

pd2ot
@Zoe_with2dots sounds like a really positive approach @OTalk_Occhat #OTalk
Tue Feb 18 12:52:11 PST 2014

pixiegirle
@BillWongOT @kirstyes nope i wuld get v ill - culdnt b on same ward as soem1 with an ed #OTalk
Tue Feb 18 12:52:11 PST 2014

pd2ot
RT @odhranallen @GeekyOT @kirstyes yeah thinking distortions one of biggest challenges in working with people with EDs #OTalk
Tue Feb 18 12:52:34 PST 2014

kirstyes
@melissamiller90 @GeekyOT interesting question - occs where judged externally. #otalk
Tue Feb 18 12:52:56 PST 2014

Symbolic_Life
#OTalk I’m thinking from sports sci back ground education of nutrition maybe vital. Everyday I see the lack of knowledge in society.
Tue Feb 18 12:53:00 PST 2014

Zoe_with2dots
@GeekyOT @kirstyes yes in our SIGED group we talk lots how working with ED affects your relationship with food. Most find big impact #otalk
Tue Feb 18 12:53:05 PST 2014

BillWongOT
@pixiegirle @kirstyes How about if you do an OT conference presentation or deliver some guest lecture about it? #otalk
Tue Feb 18 12:53:06 PST 2014

Michejh
When thinking about OT tools, think this can limit your engagement, people what to b heard not fitted into a tick box #OTalk
Tue Feb 18 12:53:14 PST 2014

kirstyes
@Sarahstudentot @Michejh @GeekyOT @Zoe_with2dots Thanks. #otalk
Tue Feb 18 12:53:26 PST 2014
BillWongOT
RT @Zoe_with2dots: @pd2ot @OTalk_Occhat Definitely & encourages client to develop a healthy relationship with food, maybe even enjoy prepar…
Tue Feb 18 12:53:35 PST 2014

odhranallen
@Girl Interrupt_ hear hear! Good self-care = good sense of self & good self-esteem. Self-acceptance v important in ED recovery #OTalk
Tue Feb 18 12:53:35 PST 2014

AllisulliOTProf
RT @kirstyes: @AllisulliOTProf @pixiegirle @GeekyOT @pd2ot Do you have key authors for cycles/stages of change please? #otalk
Tue Feb 18 12:53:37 PST 2014

OTalk_Occhat
In our last few minutes: Q6. What are you taking away from tonight's chat? Any action/learning plans? #OTalk
Tue Feb 18 12:53:38 PST 2014

pd2ot
RT @Michejh When thinking about OT tools, think this can limit your engagement, people what to b heard not fitted into a tick box #OTalk
Tue Feb 18 12:53:41 PST 2014

BillWongOT
@pd2ot @Zoe_with2dots @OTalk_Occhat Ditto! #OTalk
Tue Feb 18 12:53:47 PST 2014

pd2ot
RT @OTalk_Occhat In our last few minutes: Q6. What are you taking away from tonight's chat? Any action/learning plans? #OTalk
Tue Feb 18 12:53:49 PST 2014

AmyParkin4
@pd2ot @odhranallen @GeekyOT @kirstyes working closely with psychology colleagues I found was helpful in addressing this #otalk
Tue Feb 18 12:53:56 PST 2014

pixiegirle
@kirstyes @missyjones2012 @OT_rach separate condition but do co occur #OTalk
Tue Feb 18 12:53:58 PST 2014

BillWongOT
RT @Zoe_with2dots: @GeekyOT @kirstyes yes in our SIGED group we talk lots how working with ED affects your relationship with food. Most fin…
Tue Feb 18 12:54:06 PST 2014

melissamiller90
@kirstyes @missyjones2012 @OT_rach From my research EDs are often comorbid. For example, EDs and OCD or EDs and depression #OTalk
Tue Feb 18 12:54:22 PST 2014

Symbolic_Life
#OTalk question is a ED classed as self harm? @GeekyOT
Tue Feb 18 12:54:23 PST 2014

BillWongOT
@Zoe_with2dots @GeekyOT @kirstyes Are they quantifiable? Perhaps you should write a journal article about it. #otalk
Tue Feb 18 12:54:27 PST 2014

spotlight_ot
RT @odhranallen: @Girl Interrupt_ hear hear! Good self-care = good sense of self & good self-esteem. Self-acceptance v important in ED reco…
Girl_Interrupt_ RT @odhranallen: @Girl_Interrupt_ hear hear! Good self-care = good sense of self & good self-esteem. Self-acceptance v important in ED reco...

kirstyes @MitalOT @GeekyOT Not sure I am able to comment on effectiveness. Sorry. Anyone else able to? #otalk

AllisulliOTProf @kirstyes @pixiegirle @GeekyOT @pd2ot Prochaska and DiClemente Stages of Change http://t.co/JqLn831t0W #otalk

spotlight_ot RT @Symbolic_Life: #OTalk I'm thinking from sports sci back ground education of nutrition maybe vital. Everyday I see the lack of knowledge...

odhranallen @AmyParkin4 yes team approach is critical to successful treatment of EDs #OTalk @pd2ot @GeekyOT @kirstyes

eileenhegarty7 @OTalk_Occhat I'm going to start a conversation within my OT group on our approach to ED - start by showing them this #otalk

pd2ot RT @odhranallen @AmyParkin4 yes team approach is critical to successful treatment of EDs #OTalk @pd2ot @GeekyOT @kirstyes

BillWongOT @OTalk_Occhat My learning plan is- if I encounter such students at my new OT work, I now know who to talk to for pointers. #otalk

pixiegirle @BillWongOT @kirstyes oh yeah am happy to study or teach but not work with unfortunately - i will never recover fully #OTalk

Zoe_with2dots @GeekyOT @kirstyes as an OT in ED service you have to eat...lots and this can interfere with your own relationship with food.... #OTalk

spotlight_ot RT @Zoe_with2dots: @OTalk_Occhat where I worked pts cooked all their own meals, this helped them take responsibility as no none else was 'f...

missyjones2012 @kirstyes @OT_rach I believe it is connected it's all in the mind #otalk

JeSuisLucie @AllisulliOTProf @kirstyes @pixiegirle @GeekyOT @pd2ot one of my favourite models i studied at unifl #OTalk
pd2ot

MT @eileenhegarty7 @OTalk_Occhat I'm going to start a conv. within my OT group on our approach to ED - start by showing them this #otalk
Tue Feb 18 12:56:09 PST 2014

GeekyOT

@MitalOT @kirstyes I don't know the evidence (except CBT is in NICE), on our EDU psychologists run series’ of CBT groups #Otalk
Tue Feb 18 12:56:10 PST 2014

melissamiller90

@kirstyes @GeekyOT Definitely! And where smaller physiques are preferred. For example, jockeys. #OTalk
Tue Feb 18 12:56:12 PST 2014

MitalOT

@kirstyes @GeekyOT #OTalk I have worked with CBT. It was never effective with ED and it also requires time for people to goway and try out
Tue Feb 18 12:56:13 PST 2014

BillWongOT

RT @Zoe_with2dots: @GeekyOT @kirstyes as an OT in ED service you have to eat...lots and this can interfere with your own relationship with ...
Tue Feb 18 12:56:14 PST 2014

kirstyes

@Zoe_with2dots @GeekyOT Do you find you get lots of comments from the service users with regards to your body image too? #otalk
Tue Feb 18 12:56:32 PST 2014

BillWongOT

RT @eileenhegarty7: @OTalk_Occhat I'm going to start a conversation within my OT group on our approach to ED - start by showing them this #...
Tue Feb 18 12:56:33 PST 2014

BillWongOT

RT @AllisulliOTProf: @kirstyes @pixiegirl @GeekyOT @pd2ot Prochaska and DiClemente Stages of Change http://t.co/JqLn831t0W #otalk
Tue Feb 18 12:56:41 PST 2014

Symbolic_Life

RT @eileenhegarty7: @OTalk_Occhat I'm going to start a conversation within my OT group on our approach to ED - start by showing them this #...
Tue Feb 18 12:56:43 PST 2014

Zoe_with2dots

@GeekyOT @kirstyes I would often feel responsibility to match what the client was eating regardless if I was hungry/fancied that food #otalk
Tue Feb 18 12:56:46 PST 2014

Symbolic_Life

RT @pd2ot: RT @odhranallen @AmyParkin4 yes team approach is critical to successful treatment of EDs #OTalk @pd2ot @GeekyOT @kirstyes
Tue Feb 18 12:56:46 PST 2014

Symbolic_Life

RT @AllisulliOTProf: @kirstyes @pixiegirl @GeekyOT @pd2ot Prochaska and DiClemente Stages of Change http://t.co/JqLn831t0W #otalk
Tue Feb 18 12:56:48 PST 2014
BillWongOT
RT @melissamiller90: @kirstyes @missyjones2012 @OT_rach From my research EDs are often comorbid. For example, EDs and OCD or EDs and depres…
Tue Feb 18 12:56:54 PST 2014

BillWongOT
RT @odhranallen: @Girl_Interrupt_ hear hear! Good self-care = good sense of self & good self-esteem. Self-acceptance v important in ED reco…
Tue Feb 18 12:57:05 PST 2014

pixiegirle
@pd2ot @Michejh i completely agree - rather than fit in box, really get 2 root of why ed started - models r redundant if u get this #OTalk
Tue Feb 18 12:57:06 PST 2014

GeekyOT
People who have done dissertations on eating disorders - anything you'd like to share? #OTalk
Tue Feb 18 12:57:09 PST 2014

Symbolic_Life
RT @melissamiller90: @kirstyes @missyjones2012 @OT_rach From my research EDs are often comorbid. For example, EDs and OCD or EDs and depres…
Tue Feb 18 12:57:10 PST 2014

m_egjoy
@OTalk_Occhat 1/2 Looking into other models, exploring strategies to support building healthy relationships with food. #OTalk
Tue Feb 18 12:57:19 PST 2014

missyjones2012
@melissamiller90 @kirstyes @OT_rach so true! I know many recovering addicts with #ED #otalk
Tue Feb 18 12:57:24 PST 2014

BillWongOT
RT @Zoe_with2dots: @GeekyOT @kirstyes I would often feel responsibility to match what the client was eating regardless if I was hungry/fanc…
Tue Feb 18 12:57:29 PST 2014

OT_rach
@OTalk_Occhat learn lots tonight, going to think about role of OT, working with ED in acute bed whist waiting for specialist bed #otalk
Tue Feb 18 12:57:39 PST 2014

Zoe_with2dots
@BillWongOT @GeekyOT @kirstyes Article has been discussed lots too! Thoughts of doing on for OT News initially #otalk
Tue Feb 18 12:57:45 PST 2014

BillWongOT
RT @m_egjoy: @OTalk_Occhat 1/2 Looking into other models, exploring strategies to support building healthy relationships with food. #OTalk
Tue Feb 18 12:57:53 PST 2014

Sarahstudentot
@missyjones2012 @kirstyes @OT_rach From being underweight to a normal weight my distorted body image still remains #OTalk
Tue Feb 18 12:57:53 PST 2014

m_egjoy
@OTalk_Occhat 2/2 Continue to build my understanding of the lived experience, but keep in mind I do not personally understand #OTalk
Tue Feb 18 12:58:04 PST 2014
BillWongOT: RT @Zoe_with2dots: @BillWongOT @GeekyOT @kirstyes Article has been discussed lots too! Thoughts of doing on for OT News initially #otalk
Tue Feb 18 12:58:05 PST 2014

spotlight_ot: only just catching up, but definitely going to look more into the idea of "dark occupations", sounds like a very interesting area #OTalk
Tue Feb 18 12:58:06 PST 2014

Michejh: Important to remember not about food, about so so much more, listen to what the person is saying #OTalk
Tue Feb 18 12:58:18 PST 2014

MitalOT: #otalk 2nd attempt: I would appreciate it if any OT with a disability would participate in my study. must have qual 2007+
Tue Feb 18 12:58:26 PST 2014

kirstyes: @nurte281 couldn't we say the same about lots of things. Should we all be non-smokers, drinkers, have perfect balance? #otalk
Tue Feb 18 12:58:26 PST 2014

eileenhegarty7: RT @Michejh: Important to remember not about food, about so so much more, listen to what the person is saying #OTalk
Tue Feb 18 12:58:30 PST 2014

pd2ot: RT @OT_rach: @OTalk_Occhat learn lots tonight, going to think about role of OT, working with ED in acute bed whilst waiting for specialist …
Tue Feb 18 12:58:47 PST 2014

BillWongOT: @Zoe_with2dots @GeekyOT @kirstyes Partner up with a research university. Can be a great project for OT’s across the globe to know. #otalk
Tue Feb 18 12:58:35 PST 2014

eileenhegarty7: RT @Michejh: Important to remember not about food, about so so much more, listen to what the person is saying #OTalk
Tue Feb 18 12:58:36 PST 2014

pd2ot: RT @OT_rach: @OTalk_Occhat learn lots tonight, going to think about role of OT, working with ED in acute bed whilst waiting for specialist …
Tue Feb 18 12:58:47 PST 2014

GeekyOT: @spotlight_ot it's a fascinating/useful concept - should be info if you google. @RebeccaTwinley #OTalk
Tue Feb 18 12:58:49 PST 2014

BillWongOT: RT @melissamiller90: @kirstyes @GeekyOT Definitely! And where smaller physiques are preferred. For example, jockeys. #OTalk
Tue Feb 18 12:58:55 PST 2014

AllisulliOTProf: @kirstyes @pixiegirl @GeekyOT @pd2ot SAMHSA's link Motivational Interviewing & Stages of Change in Recovery http://t.co/E3vcuqUGfq #otalk
Tue Feb 18 12:59:23 PST 2014

missyjones2012: @Sarahstudentot @kirstyes @OT_rach I don't think I have an #ED but certainly not always happy with body image #otalk
 Tue Feb 18 12:59:30 PST 2014
MitalOT @MitalOT #otalk 2/2 study link http://t.co/mNhBRvClAx MSc dissertation on employment experiences Tue Feb 18 12:59:31 PST 2014

AllisulliOTProf RT @JeSuisLucie: @AllisulliOTProf @kirstyes @pixiegirle @GeekyOT @pd2ot one of my favourite models i studied at uni! #OTalk Tue Feb 18 12:59:31 PST 2014

BillWongOT @melissamiller90 @kirstyes @GeekyOT Modeling is another one- although there are some greater acceptance for plus size. #otalk Tue Feb 18 12:59:32 PST 2014

pixiegirle @Zoe_with2dots @GeekyOT @kirstyes thats why i culdnt do it! Admire thise who do! #OTalk Tue Feb 18 12:59:46 PST 2014

Symbolic_Life @spotlight_ot it really is. There is some BAOT J articles from 2011 I believe Feb that @RebeccaTwinley wrote. #OTalk Tue Feb 18 12:59:48 PST 2014

BillWongOT @melissamiller90 @kirstyes @GeekyOT and then there are gymnasts, too, particularly females. #otalk Tue Feb 18 12:59:54 PST 2014

kirstyes @pixiegirle respect your level of self-awareness in your recovery journey. #otalk Tue Feb 18 13:00:00 PST 2014

BillWongOT RT @AllisulliOTProf: @kirstyes @pixiegirle @GeekyOT @pd2ot SAMHSA's link Motivational Interviewing & Stages of Change in Recovery http://t… Tue Feb 18 13:00:08 PST 2014

odhranallen 1/2 For anyone new to area of eating disorders I'd like to quote a psychiatrist who worked in the area for years & wisely said... #OTalk Tue Feb 18 13:00:10 PST 2014

Symbolic_Life RT @MitalOT: #otalk 2nd attempt: I would appreciate it if any OT with a disability would participate in my study. must have qual 2007+ Tue Feb 18 13:00:14 PST 2014

odhranallen 2/2..."Some people with anorexia will talk themselves to death so important to work on the physical & the psychological can follow" #OTalk Tue Feb 18 13:00:19 PST 2014

BillWongOT RT @kirstyes: @nurte281 couldn't we say the same about lots of things. Should we all be non-smokers, drinkers, have perfect balance? #otalk Tue Feb 18 13:00:27 PST 2014

Symbolic_Life RT @pd2ot: RT @Michejh Important to remember not about food, about so so much more, listen to what the person is saying #OTalk Tue Feb 18 13:00:33 PST 2014
@GeekyOT @RebeccaTwinley thank you! Definitely will do, it isn't something i've come across before! #OTalk
Tue Feb 18 13:00:34 PST 2014

@AllisulliOTProf @kirstyes @pixiegirle @GeekyOT @pd2ot Thanks for this #OTalk
Tue Feb 18 13:00:37 PST 2014

RT @MitalOT: @MitalOT #otalk 2/2 study link http://t.co/mNhBRvClAx MSc dissertation on employment experiences
Tue Feb 18 13:00:43 PST 2014

@kirstyes @GeekyOT minimal comments regarding my shape/size would look more than comment. This is why important to be good role model #otalk
Tue Feb 18 13:00:47 PST 2014

I've been interested in the links between body size and expectations for occupation highlighted in Big Ballet, anyone been watching? #OTalk
Tue Feb 18 13:00:54 PST 2014

@kirstyes @pixiegirle agreed:) much respect #otalk
Tue Feb 18 13:01:01 PST 2014

@Symbolic_Life @RebeccaTwinley thank you! Will take a look! #OTalk
Tue Feb 18 13:01:04 PST 2014

RT @m_egjoy: @OTalk_Occhat 2/2 Continue to build my understanding of the lived experience, but keep in mind I do not personally understand …
Tue Feb 18 13:01:09 PST 2014

that it can be a 'dark' occupation in itself for ppl - need to focus on adapting n engaging in healthier occupations w/ satisfaction #OTalk
Tue Feb 18 13:01:10 PST 2014

Wow, can't believe how that hour has flown by! That's official end of the chat - but please keep talking! We'll do transcript in 24h #OTalk
Tue Feb 18 13:01:13 PST 2014

RT @kirstyes: @pixiegirle respect your level of self-awareness in your recovery journey. #otalk
Tue Feb 18 13:01:23 PST 2014

@kirstyes thats thanks am completelt happy with this - ever since i started training i made it ckear i culdnt work with ed #OTalk
Tue Feb 18 13:01:27 PST 2014

@BillWongOT @GeekyOT @kirstyes that is a good idea. Could suggest at our next meeting. Thank you :) #OTalk
Tue Feb 18 13:01:29 PST 2014

@kirstyes well, I guess ideally yes, but not realistic! wi ed think body image so significant to recovery that important to try to #otalk
spotlight_ot
RT @odhranallen: 2/2..."Some people with anorexia will talk themselves to death so important to work on the physical & the psychological ca...
Tue Feb 18 13:01:34 PST 2014

Symbolic_Life
RT @odhranallen: 2/2..."Some people with anorexia will talk themselves to death so important to work on the physical & the psychological ca...
Tue Feb 18 13:01:35 PST 2014

Sarahstudentot
@BillWongOT @melissamiller90 @kirstyes @GeekyOT I know alot of dancers who have struggled with an #ed #OTalk
Tue Feb 18 13:01:38 PST 2014

AllisulliOTProf
@Sarahstudentot @kirstyes @pixiegirle @GeekyOT @pd2ot you’re most welcome! #otalk
Tue Feb 18 13:01:47 PST 2014

pd2ot
RT @odhranallen: 2/2..."Some people with anorexia will talk themselves to death so important to work on the physical & the psychological ca...
Tue Feb 18 13:01:57 PST 2014

AllisulliOTProf
RT @Zoe_with2dots: @kirstyes @GeekyOT minimal comments regarding my shape/size would look more than comment. This is why important to be go...
Tue Feb 18 13:02:06 PST 2014

pixiegirle
@kirstyes am glad i hav this insight - it makes me happy & keeps me wellish! #OTalk
Tue Feb 18 13:02:10 PST 2014

Symbolic_Life
RT @emilybodez: that it can be a 'dark' occupation in itself for ppl - need to focus on adapting n engaging in healthier occupations w/ sat...
Tue Feb 18 13:02:14 PST 2014

AllisulliOTProf
RT @pd2ot: I've been interested in the links between body size and expectations for occupation highlighted in Big Ballet, anyone been watch...
Tue Feb 18 13:02:16 PST 2014

kirstyes
@pixiegirle @missyjones2012 @OT_rach Thanks. Thought that might be the case. Would have nipped off to DSM to check. #otalk
Tue Feb 18 13:02:18 PST 2014

eileenhegarty7
@GeekyOT @pd2ot thanks for hosting - very good topic - lots of useful suggestions #otalk
Tue Feb 18 13:02:18 PST 2014

BillWongOT
@Sarahstudentot @melissamiller90 @kirstyes @GeekyOT true... if these people gained too much weight, then they are not as graceful. #otalk
Tue Feb 18 13:02:20 PST 2014

pd2ot
RT @GeekyOT: Wow, can't believe how that hour has flown by! That's official end of the chat - but please keep talking! We'll do transcript …
JeSuisLucie  Fantastic to gain so many peoples perspectives on working in #Eatingdisorders. Learnt a lot - great #OTalk
Tue Feb 18 13:02:22 PST 2014

Sarahstudentot @GeekyOT couldn’t believe how fast it went #OTalk
Tue Feb 18 13:02:32 PST 2014

reid_goodwin @GeekyOT thanks for all that. Very interesting area and good to learn from personal experiences too. #otalk
Tue Feb 18 13:02:40 PST 2014

BillWongOT @Sarahstudentot @melissamiller90 @kirstyes @GeekyOT And too much weight gain can also cause a loss of occupations, too. #otalk
Tue Feb 18 13:02:44 PST 2014

MitalOT @GeekyOT #otalk have found it insightful! Very fast paced...snooze you lose!
Tue Feb 18 13:02:51 PST 2014

AllisulliOTProf RT @Sarahstudentot: @BillWongOT @melissamiller90 @kirstyes @GeekyOT I know alot of dancers who have struggled with an #ed #OTalk
Tue Feb 18 13:02:52 PST 2014

GeekyOT Thank you to @kirstyes for suggesting topic for this week’s chat, to @pd2ot for her fab hosting skilz, & everyone for participating! #otalk
Tue Feb 18 13:02:58 PST 2014

Symbolic_Life #OTalk thank you for beginning my knowledge of OT in ED. I love OTalk I have a voice and nothing is a stupid question. You Rock @GeekyOT
Tue Feb 18 13:03:15 PST 2014

kirstyes @melissamiller90 @missyjones2012 @OT_rach Can you share a link with your research (unless you just mean general searching). #otalk Thanks.
Tue Feb 18 13:03:24 PST 2014

missyjones2012 @Symbolic_Life @GeekyOT I would say so as it’s self neglect #otalk
Tue Feb 18 13:03:27 PST 2014

GeekyOT @Sarahstudentot I feel like I missed so much tonight - looking forward to catching up with the transcript #OTalk
Tue Feb 18 13:03:30 PST 2014

Michejh Thanku, great talk #OTalk
Tue Feb 18 13:03:30 PST 2014

Symbolic_Life RT @pixiegirle: @kirstyes am glad i hav this insight - it makes me happy & keeps me wellish! #OTalk
Tue Feb 18 13:03:32 PST 2014
BillWongOT  RT @odhranallen: 1/2 For anyone new to area of eating disorders I'd like to quote a psychiatrist who worked in the area for years & wisely … Tue Feb 18 13:03:32 PST 2014

JeSuisLucie  It has made me think though, has working in ED changed your thoughts/feelings/ perceptions of your own body in a +ve/-ve way? #OTalk Tue Feb 18 13:03:36 PST 2014

BillWongOT  RT @odhranallen: 2/2..."Some people with anorexia will talk themselves to death so important to work on the physical & the psychological ca… Tue Feb 18 13:03:38 PST 2014

AllisulliOTProf  @GeekyOT @kirstyes @pd2ot thank you all. The chat & the resources ahead of #otalk were very helpful Tue Feb 18 13:04:20 PST 2014

Zoe_with2d 중요한  @kirstyes @GeekyOT clients may not believe if we say we eat healthy Important to demonstrate eating/challenging foods along side them #otalk Tue Feb 18 13:04:24 PST 2014

odhranallen  @GeekyOT @pd2ot thanks! Great to see this discussion on EDs & OT taking place & very happy to be part of #OTalk tonight Tue Feb 18 13:04:24 PST 2014

AllisulliOTProf  RT @Symbolic_Life: #OTalk thank you for beginning my knowledge of OT in ED. I love O'Talk I have a voice and nothing is a stupid question. Y… Tue Feb 18 13:04:29 PST 2014

melissamiller90  @BillWongOT @kirstyes @GeekyOT Ballet also! Difficult to modify engagement in an occ that was both enjoyable & potentially harmful #OTalk Tue Feb 18 13:04:47 PST 2014

marissawylo  Thank you for a great conversation, @OTalk_Occhat! @GeekyOT @pd2ot #OTalk Tue Feb 18 13:04:59 PST 2014

OT_rach  RT @kirstyes: @pixiegirl respect your level of self-awareness in your recovery journey. #otalk Tue Feb 18 13:05:01 PST 2014

kirstyes  Thanks to @GeekyOT and @pd2ot for hosting. What a fast moving conversation. I’m still about ten minutes behind. #otalk Tue Feb 18 13:05:05 PST 2014

pixiegirl  #otalk if any1 wants more info etc round lived exp i am always contactable on twitter! Talking & studying ed is ok! #OTalk Tue Feb 18 13:05:06 PST 2014

GeekyOT  @odhranallen @pd2ot really appreciated your input, thanks for joining in! #OTalk Tue Feb 18 13:05:25 PST 2014
pd2ot  @odhranallen it was great to have your perspective - thank you!  @GeekyOT #OTalk
Tue Feb 18 13:05:27 PST 2014

pd2ot  RT @pixiegirlie #otalk if any1 wants more info etc round lived exp i am always contactable on twitter! Talking & studying ed is ok! #OTalk
Tue Feb 18 13:05:37 PST 2014

spotlight_ot  RT @allyablaze: "Dear Occupational Therapists" - Responses to #OTalk "When Occupational Therapy Goes Wrong"  http://t.co/UOmIcZuUOH via @wor…
Tue Feb 18 13:05:48 PST 2014

GeekyOT  @AlliSulliOTProf @kirstyes @pd2ot thanks for participating - I imagine your module must be very interesting! #OTalk
Tue Feb 18 13:05:51 PST 2014

BillWongOT  @melissamiller90 @kirstyes @GeekyOT Isn't that why sometimes working in this setting is like trying to hold a double edged sword? #otalk
Tue Feb 18 13:06:10 PST 2014

pd2ot  I'm looking forward to reading the transcript - I'm sure I've only caught a fraction of the conversations! #OTalk
Tue Feb 18 13:06:13 PST 2014

OT_rach  @pd2ot no but sounds interesting what/ when is it on #otalk
Tue Feb 18 13:06:27 PST 2014

Symbolic_Life  RT @pixiegirlie: #otalk if any1 wants more info etc round lived exp i am always contactable on twitter! Talking & studying ed is ok! #OTalk
Tue Feb 18 13:06:30 PST 2014

BillWongOT  RT @pixiegirlie: #otalk if any1 wants more info etc round lived exp i am always contactable on twitter! Talking & studying ed is ok! #OTalk
Tue Feb 18 13:06:41 PST 2014

GeekyOT  @JeSuisLucie working in ED hasn't affected my body image, but can imagine how it could. #OTalk
Tue Feb 18 13:06:48 PST 2014

kirstyes  @AlliSulliOTProf @pixiegirlie @GeekyOT @pd2ot thank you muchly #otalk
Tue Feb 18 13:06:49 PST 2014

kirstyes  RT @odhranallen: 2/2..."Some people with anorexia will talk themselves to death so important to work on the physical & the psychological ca…
Tue Feb 18 13:07:21 PST 2014

pd2ot  @OT_rach Channel 4, 9pm, Thursday (last episode this week but the previous 2 are on 4OD). My fav zumba teacher is on it ;) #OTalk
Tue Feb 18 13:07:24 PST 2014

Sarahstudentot  Loved the #OTalk tonight on #eatingdisorders very informative
Tue Feb 18 13:07:29 PST 2014
Symbolic-Life: RT @pd2ot: I’ve been interested in the links between body size and expectations for occupation highlighted in Big Ballet, anyone been watch...
Tue Feb 18 13:07:49 PST 2014

OT_rach: @pd2ot will check it out! Thanks #OTalk
Tue Feb 18 13:07:55 PST 2014

pixiegirl: @kirstyes @GeekyOT @pd2ot me too!!! #OTalk
Tue Feb 18 13:07:56 PST 2014

kirstyes: @pd2ot I wanted to. Will on demand it #usingnounasverb #otalk
Tue Feb 18 13:08:09 PST 2014

Sarahstudentot: RT @BillWongOT: @Sarahstudentot @melissamiller90 @kirstyes @GeekyOT And too much weight gain can also cause a loss of occupations, too. #otalk
Tue Feb 18 13:08:32 PST 2014

AllisulliOTProf: @GeekyOT @kirstyes @pd2ot I keep working on it:) also relevant in that I have had/will have students w ED as well. #otalk
Tue Feb 18 13:08:49 PST 2014

Sarahstudentot: RT @pixiegirle: @Sarahstudentot @kirstyes @Michejh @GeekyOT @Zoe_with2dots acceptance & commitment ther my fav - incorporates mindfulness #otalk
Tue Feb 18 13:08:54 PST 2014

Sarahstudentot: RT @BillWongOT: @Sarahstudentot @kirstyes @Michejh @GeekyOT @Zoe_with2dots As there is a saying, old habits die hard. #otalk
Tue Feb 18 13:09:05 PST 2014

Sarahstudentot: RT @Zoe_with2dots: @Sarahstudentot Yes, see this a lot. Also clients can truly believe that they enjoy i.e. running for 2 hours everyday. #otalk
Tue Feb 18 13:09:15 PST 2014

reid_goodwin: @pixiegirle. Thanks for your sharing. You have given me lots to think about. #otalk
Tue Feb 18 13:09:26 PST 2014

GeekyOT: @pd2ot I'm astounded by the amount of content we've all packed into an hour! Great that people shared so much #OTalk
Tue Feb 18 13:09:36 PST 2014

missyjones2012: #OTalk thanks everyone interesting conversations tonight
Tue Feb 18 13:09:55 PST 2014

juliewintrup: RT @GeekyOT: Thank you to @kirstyes for suggesting topic for this week’s chat, to @pd2ot for her fab hosting skilz, & everyone for particip...
Tue Feb 18 13:10:05 PST 2014

kirstyes: @GeekyOT @pd2ot thank my Uni for good awareness raising ahead of ed week. #otalk
Tue Feb 18 13:10:16 PST 2014
kirstyes
RT @Zoe_with2dots: @kirstyes @GeekyOT clients may not believe if we say we eat healthy Important to demonstrate eating/challenging foods al...
Tue Feb 18 13:10:46 PST 2014

emerging2OT
RT @pixiegirl: #otalk if any1 wants more info etc round lived exp i am always contactable on twitter! Talking & studying ed is ok! #OTalk
Tue Feb 18 13:12:01 PST 2014

GeekyOT
@pixiegirl very generous offer - thank you! #OTalk
Tue Feb 18 13:12:02 PST 2014

Zoe_with2dots
@GeekyOT thanks for facilitating!! Has been great awareness for #eatingdisorders #OTalk
Tue Feb 18 13:12:12 PST 2014

OT_rach
#otalk what a great talk tonight, thank you to everyone!!
Tue Feb 18 13:12:13 PST 2014

kirstyes
@TinaBelinda @Zoe_with2dots @GeekyOT Thanks Tina. That seems to be a more common conclusion. #otalk
Tue Feb 18 13:12:34 PST 2014

Zoe_with2dots
RT @kirstyes: Thanks to @GeekyOT and @pd2ot for hosting. What a fast moving conversation. I'm still about ten minutes behind. #otalk
Tue Feb 18 13:12:56 PST 2014

kirstyes
@eileenhegarty7 @pixiegirl @GeekyOT @pd2ot thank you. Missed this one during. #otalk
Tue Feb 18 13:13:02 PST 2014

emerging2OT
missed tonight's? #OTalk a fascinating insight to Eating Disorders + the role of OT a transcript will be available in 24hrs see @OTalk_Occhat
Tue Feb 18 13:14:05 PST 2014

Symbolic_Life
RT @emerging2OT: missed tonight's? #OTalk a fascinating insight to Eating Disorders + the role of OT a transcript will be available in 24hrs...
Tue Feb 18 13:14:47 PST 2014

Symbolic_Life
#otalk thanks again! Now il start my day of OT and planning...:).
Tue Feb 18 13:15:53 PST 2014

kirstyes
@morrisKOT @Symbolic_Life @marissawaylo @GeekyOT @RebeccaTwinley Shall we tell on her? #otalk
Tue Feb 18 13:17:58 PST 2014

melissamiller90
Loved #OTalk tonight!! Although my #twitterinexperience resulted in palpitations every time a notification came through! Haha
Tue Feb 18 13:19:16 PST 2014

pixiegirl
@reid_goodwin aww thank u - i feel iv gone on about myself a lot - dont like doing that! #OTalk
@melissamiller90 @missyjones2012 @OT_rach If you are happy to post on the comments on the #OTalk blog post. Sure all would appreciate.

Tue Feb 18 13:20:17 PST 2014

@melissamiller90 I’d recommend checking out the transcript when it’s out - hopefully a less stressful experience! #OTalk

Tue Feb 18 13:21:21 PST 2014

@melissamiller90 Oh dear, sorry about that. Was there noises? #otalk

Tue Feb 18 13:24:50 PST 2014

RT @emerging2OT: missed tonight’s? #OTalk a fascinating insight to Eating Disorders + the role of OT a transcript will be available in 24hrs…

Tue Feb 18 13:24:58 PST 2014

#OTalk would any Occupational Therapists consider using Knitting with any service users? please tweet me back!

Tue Feb 18 13:25:09 PST 2014

RT @allyablaze: "Dear Occupational Therapists" - Responses to #OTalk "When Occupational Therapy Goes Wrong" http://t.co/UOmIcZuUOH via @wor…

Tue Feb 18 13:35:52 PST 2014

@RachOT89 Oh no! Please feel free to read and comment on the transcript when it goes up tomorrow :) #OTalk

Tue Feb 18 13:39:45 PST 2014

@kirstyes @GeekyOT I have posted a rather lengthy list of publications/articles on the blog post (awaiting moderation). #OTalk

Tue Feb 18 14:06:13 PST 2014

RT @GeekyOT: @spotlight_ot it’s a fascinating/useful concept - should be info if you google. @RebeccaTwinley #OTalk

Tue Feb 18 14:17:27 PST 2014

RT @GeekyOT: @spotlight_ot it’s a fascinating/useful concept - should be info if you google. @RebeccaTwinley #OTalk

Tue Feb 18 14:22:16 PST 2014

@RebeccaTwinley @marissawylo @Symbolic_Life @GeekyOT I thought you had. Go you! #otalk

Tue Feb 18 14:25:29 PST 2014

RT @OTalk_Occhat: Q5. How could #occupationaltherapy contribute to recovery from #eatingdisorders? Have you got any (confidential) examples…
RebeccaTwinley

RT @kirstyes: @RebeccaTwinley @marissawyllo @Symbolic_Life @GeekyOT I thought you had. Go you! #otalk
Tue Feb 18 14:26:55 PST 2014

cskies

@aedweb Hi, thank u so much for following! Tonight starting at 8pm est the #OTalk (occupational therapy) talk is about #eatingdisorders.
Tue Feb 18 15:05:08 PST 2014

cskies

@BillWongOT Hey Bill, how r u? Does the #OTalk start at 8pm eastern standard time? Is that the correct hashtag? Thanks. :)
Tue Feb 18 15:08:41 PST 2014

kirstyes

@OTCurry heard of #OTCurry via the @BAOTCOT blog. Would be good to have one in Dorset. Will tweet about you from @OTalk_Occhat #OTalk too.
Tue Feb 18 16:14:00 PST 2014

trina0592

RT @MitalOT: Hi all I need OTs with seen/unseen disabilities to participate in my survey. Takes 10-15mins http://t.co/mNhBRvkcmp #OTalk
Tue Feb 18 16:43:43 PST 2014

erinkeeliaOTS

RT @emerging2OT: missed tonight's? #OTalk a fascinating insight to Eating Disorders + the role of OT a transcript will be available in 24hrs...
Tue Feb 18 18:32:17 PST 2014

OT_Ashley

RT @emerging2OT: missed tonight's? #OTalk a fascinating insight to Eating Disorders + the role of OT a transcript will be available in 24hrs...
Tue Feb 18 19:11:59 PST 2014

OTCurry

RT @kirstyes: @OTCurry heard of #OTCurry via the @BAOTCOT blog. Would be good to have one in Dorset. Will tweet about you from @OTalk_Occhat...
Wed Feb 19 2:56:01 PST 2014

spotlight_ot

RT @LabmedOT: @shuTAPtalk Please tell all interested students that the next #OTalk is information on locum opportunities for new grads and ...
Wed Feb 19 2:24:41 PST 2014

OTKSA

RT @SenKidsCharity: Early bird offers now available for many of our 2014 workshops - Details via http://t.co/yKZSR9dB6F #OTalk edchatie
Wed Feb 19 2:45:39 PST 2014

LabmedOT

@shuTAPtalk Please tell all interested students that the next #OTalk is information on locum opportunities for new grads and current locums!
Wed Feb 19 2:19:18 PST 2014
LabmedOT

RT @BAOTCOT: Stay safe but have fun with social media - the possibilities are endless, for you and your clients! #OTalk
Wed Feb 19 2:06:22 PST 2014

SenKidsCharity

Early bird offers now available for many of our 2014 workshops - Details via http://t.co/yKZSR9dB6F #OTalk #edchatie
Wed Feb 19 0:36:07 PST 2014

Wardmans

RT @AllisulliOTProf: @kirstyes @pixiegirl @GeekyOT @pd2ot Prochaska and DiClemente Stages of Change http://t.co/JqLn831t0W #otalk
Tue Feb 18 23:49:52 PST 2014

Wardmans

RT @AllisulliOTProf: @kirstyes @pixiegirl @GeekyOT @pd2ot SAMHSA's link Motivational Interviewing & Stages of Change in Recovery http://t...
Tue Feb 18 23:48:55 PST 2014

Wardmans

RT @pixiegirl: #otalk if any1 wants more info etc round lived exp i am always contactable on twitter! Talking & studying ed is ok! #OTalk
Tue Feb 18 23:46:58 PST 2014

nezchal

RT @allyablaze: "Dear Occupational Therapists" - Responses to #OTalk "When Occupational Therapy Goes Wrong" http://t.co/UOmIcZuUOH via wor…
Tue Feb 18 21:28:41 PST 2014

kirstyes

"@realjohngreen: The Art Assignment launches in 24 hours. Time to subscribe! http://t.co/uxpfemA9sT" #OTalk peeps interested? @artassignment
Wed Feb 19 12:33:56 PST 2014